100 years of keeping HONG KONG HEALTHY
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MESSAGE

from THE PRESIDENT

香港醫學會成立於一九二零年，二零二零年便是百歲誕辰的大日子。百年基業，得來不易，
謹以此紀念特刊，向香港醫學會的前人致以最崇高的敬意。他們是偉大的先驅，孕育及
帶領醫學會跨越一個又一個的高峰。在慶祝成立五十周年之際，他們決定由「香港中華
醫學會」改名為「香港醫學會」，定意要團結全港的醫生，不分僑籍種族。他們為起草
《基本法》和修訂《醫生註冊條例》四處奔波進行遊說，確保醫學界可享專業自主。他
們亦堅定支持設立統一的執業資格試制度，既可客觀及公平對待所有其他地區有意來港
執業的醫生，又能確保他們的執業水平。

時至今日，我們需以更大的努力，守護這些珍貴的產業。儘管如此，我們「維護民康」
的初心始終不變。

各位同業，讓我們繼續昂首闊步，砥礪前行！

The Hong Kong Medical Association was founded in 1920, and it officially turned 100 in 2020. As I have said before, this is something which does not come by easy.

With this special publication, we pay tribute to our forerunners, the great people who nurtured the Association and guided it to reach new heights. They changed the Association's name to "The Hong Kong Medical Association" on its 50th birthday and succeeded in bringing together all medical practitioners in Hong Kong irrespective of their race. They bustled around for the drafting of the Basic Law and the amendment of the Medical Registration Ordinance to ensure us professional autonomy. They stood up for a universal Licensing Examination that warranted fairness and standard across overseas graduates who want to come to Hong Kong to practice.

To this day, we need double efforts to preserve these legacies. Regardless of what lies ahead, our mission to "safeguard the health of the people" shall never change.

Let's stay bold and strong!

蔡堅醫生
Dr. CHOI Kin

香港醫學會會長
President
The Hong Kong Medical Association
MESSAGE
from THE CO-CHAIRMEN

香港醫學會百週年紀念，卻遇上百年一遇的疫症。先向大家問句好，加加油，祝願平安過渡，心境祥和。

原先安排了一連串慶祝活動，包括各種運動比賽、照片展覽、晩宴等，都順延，再順延，改形式，以至取消。慶祝活動籌委和會員都有些無奈，有點沒趣。不過，在歷史長河，大家都會記得二零二零年。當年，出現了名字叫「2019新型冠狀病毒」全球疫症。香港，深受影響。當年，是香港醫學會成立一百週年紀念。

一百年前，在維護民康的崎嶇山路中，同業們搭建了香港醫學會這個有照明系統的風雨亭，供同行者休息、交流，為香港市民引路導航。時移世易，物轉星移，香港醫學會亦隨時代改善壯大。作為醫學會成員，作為業界一分子，祝願並互勉：毋忘初心，守護專業，維護民康。

The world will remember 2020, probably not because it was the 100th anniversary of the Hong Kong Medical Association, but because of the epidemic caused by a corona virus named COVID-19.

The Hong Kong Medical Association was founded in 1920, as a fraternity association among doctors, with the motto of safeguarding the health of Hong Kong citizens. To celebrate her 100th anniversary, the Organising Committee had planned a series of activities, including sports competitions, photo exhibitions and the gala dinner. Because of the epidemic that hit Hong Kong hard, these celebratory activities were down-scaled or cancelled.

As the Co-Chairman of the Organising Committee, of course I am a bit disappointed. However, as a doctor and a citizen, in the hard time of 2020, I fully appreciated the important role of the Hong Kong Medical Association. It would surely carve more deeply in the stones of history by serving as the link among doctors, as the link between doctors and the government, and as the link between doctors and Hong Kong citizens; than by holding a series of celebratory activities.

Dr. CHENG Chi Man

香港醫學會百年慶典籌備委員會聯席主席
Co-Chairman
Organising Committee on the HKMA 100th Anniversary Celebration
2020 marks the 100th Anniversary of the Hong Kong Medical Association (HKMA), and I am very honored to be the Co-Chairman of the Celebration Organising Committee. On November 24, 2019, the kick-off activity was successfully held. We initially arranged a series of celebration events in 2020, however, due to the COVID-19 crisis, all activities were postponed indefinitely.

During this difficult period, the HKMA pooled our resources to focus on our motto - “To safeguard the health of the people”. In the past year, we have organized multiple sessions of press conferences to remind Hong Kong citizens to wear masks, ensure good personal hygiene and maintain adequate social distancing. In the beginning of the epidemic, there was a shortage of personal protection equipment such as masks in Hong Kong. The HKMA immediately reflected the problem to the government, and successfully purchased many masks from overseas for our members. In 2021, I hope the COVID-19 vaccine can play a major role in controlling the epidemic. In addition, I sincerely wish the HKMA will continue to excel in the future.

楊協和醫生
Dr. YEUNG Hip Wo, Victor

香港醫學會百年慶典籌備委員會聯席主席
Co-Chairman
Organising Committee on the HKMA 100th Anniversary Celebration
香港醫學會一百周年誌慶

仁術濟世

杏林延光

行政長官林鄭月娥
好睡眠 好健康
梦中回

期待您的光临！
林皓文
彰顯利民建康
The Centennial Celebration of The Hong Kong Medical Association
Congratulatory Message by Mr Henry Fan Hung-ling,
Chairman of Hospital Authority

It is my greatest pleasure to congratulate the Hong Kong Medical Association (HKMA) on its centenary, and to take this opportunity to applaud its incredible achievements in advancing the medical profession and safeguarding the health and well-being of the people of Hong Kong through the decades.

For more than 100 years, the HKMA has been at the heart of Hong Kong’s growth and development in healthcare services, and today, it has a critical role in our response to one of the biggest global crises of our times as we work together to combat the COVID-19 pandemic.

The HKMA was founded at a time when Hong Kong was still a small fishing port. It has grown in strength and importance as Hong Kong grew in size and influence to become a flourishing and vibrant international city. At every juncture of this city’s emergence onto the world stage, the HKMA has played its pivotal role in nurturing medical practitioners to uplift the standard of the profession, caring for people from all walks of life through community network and services, and promoting public health education to benefit our citizens.

From its inception to the present day, the HKMA has worked tirelessly to serve and unite Hong Kong’s medical professionals. Currently representing 12,000 medical practitioners, HKMA is one of the most prestigious and influential professional bodies in the city. Today, whilst facing the most challenging times, I have every confidence that with the support, expertise, and dedication of the HKMA, we will overcome this unprecedented crisis together and emerge stronger and more united than ever.

Once again, my sincerest congratulations to you all on this milestone anniversary! I look forward to witnessing your excellent work as you begin another century of growth and achievement.

Henry FAN Hung-ling
Chairman
Hospital Authority
Congratulatory Message on the Centennial Celebration of the Hong Kong Medical Association

On behalf of the Medical Council of Hong Kong, I wish to extend my warmest congratulations to the Hong Kong Medical Association (“HKMA”) on its 100th Anniversary.

Throughout the past century, the HKMA has gone from strength to strength and has been playing a pivotal role in promoting the welfare of the medical profession and the health of the public in Hong Kong. It dedicates wholeheartedly to foster knowledge sharing and exchange amongst members of the medical profession and advocate the spirit of benevolence to serve the community. Its unwavering commitment to uphold the spirit of its motto “維護民康” and its immense contributions to the profession and the society have been well recognized.

100 years is an important landmark. On this memorable occasion of centennial celebration, may I wish the HKMA continued success in its future endeavours to scale new heights and excellence.

Professor LAU Wan Yee, Joseph, SBS
Chairman
The Medical Council of Hong Kong
The Centennial Celebration of
The Hong Kong Medical Association
Congratulatory Message by
Dr Tony Ko Pat-sing, Chief Executive of Hospital Authority

I am delighted to give my warmest congratulations on behalf of the Hospital Authority (HA) to the Hong Kong Medical Association (HKMA) as it reaches the landmark of its centenary at a momentous period in our city's medical history.

Since its launch in 1920, the HKMA has devoted its wealth of talent and energy to safeguarding the health of Hong Kong people and promoting the welfare of the medical profession. Throughout the decades, it has made distinguished achievements in raising professional standards, improving the quality of medicine, promoting continuous medical education, advising the public and the Government on health education and disease prevention, and faithfully representing the interests of the profession.

The HKMA has helped raise funds and awareness for a broad range of charitable causes connected to issues including organ donation, various diseases, and disaster relief. It has also worked closely with the Government, non-governmental organisations and its members to set up community network to promote district-based primary healthcare services for the elderly, and has led and organised volunteer programmes to encourage doctors and medical students to serve the community at every level.

The exemplary work of the HKMA has played a pivotal role in establishing Hong Kong as a global centre for excellence in medical practice and research, and such status has never been more critically challenged than today as we face up to an unprecedented global pandemic that has severely tested our collective ingenuity and resourcefulness. Nevertheless, I have no doubt that with the unwavering support of the HKMA and the extraordinary dedication of its members, we will be able to overcome this crisis.

As we work together through these most challenging of times, I look forward to seeing the continuing development of its good work and commitment to the best medical practices. On this special occasion, may I extend my best wishes to the HKMA for its continued success in the years ahead.

Dr. Tony KO Pat-sing
Chief Executive
Hospital Authority
敬賀

香港大學李嘉誠醫學院院長 梁卓偉

香港醫學會百周年誌慶

百載懋績
維護民康

術德兼修
貢獻殊偉
Centennial Celebration of the Hong Kong Medical Association  
- Commemorative Publication

On the occasion of the 100th birthday of the Hong Kong Medical Association, it is both a pleasure and an honour for me to extend my congratulations to the President and members.

Hong Kong in 1920 is hardly recognizable today as it has metamorphosed into an international financial centre, one of the most densely populated cities in the world, from a humble port perching on the southernmost tip of the Mainland. Despite drastic changes, ideals of the founders of the Association, encapsulated in its motto, “to safeguard the health of the people”, have remained unchanged. In fact, generations of medical practitioners have lived these ideals regardless of changes in internal and external environments in Hong Kong.

The Association has crafted a most compelling history book, animated by innumerable courageous and success stories of medical practitioners confronting and triumphing over formidable challenges to save lives. History seldom duplicates but it is a great source of wisdom.

Amidst COVID-19 pandemic with anxiety and panic diffusing across our society, recounting the extraordinary courage, wisdom and strengths of our predecessors not only lifts hearts and minds, but also inspires our medical practitioners to work harder to save lives, bringing hope and possibilities to patients and their families.

On this special occasion of celebrating a hundred years of remarkable achievements, I offer my best wishes to the Association for your continued success and look forward to more of your great endeavours in the years to come.

Professor Francis K L CHAN
Dean
Faculty of Medicine, CUHK
維捍護衛民專康業
I am immensely happy to learn that the Hong Kong Medical Association is celebrating its centenary year and is bringing out a 100th Anniversary Commemorative Publication to mark the event.

These are difficult times for all of us because of the ongoing COVID-19 pandemic. The past year has been challenging, not only to the global medical fraternity, but to the general public as well. I am happy to note that the Asian countries have dealt with this challenge much more effectively than the West. With the availability of vaccines, hopefully an end to the pandemic may soon be in sight. Physicians engaged in patient care as well as scientists who have worked on developing the corona vaccine deserve all the accolades. CMAAO countries are meeting every week on virtual platform during this pandemic and shared experiences and knowledge, HKMA has played a very important role in these meetings.

I wish you all happy celebrations and fruitful academic deliberations for the benefit of the profession and the patients as well.

It’s my privilege to express my best wishes to you on this momentous occasion.

Dr. KK Aggarwal
President
Confederation of Medical Associations in Asia and Oceania (CMAAO)
The physicians of Hong Kong can look back with pride for a century of safeguarding the health of your people. The Hong Kong people have experienced a century of massive changes and challenges in different areas that have been mastered, in the health arena, with the support of a dedicated Hong Kong Medical Association (HKMA).

We, from the World Medical Association (WMA), are proud to have the HKMA as a sovereign member, recognizing the special status of your city in China and Asia. We stand together to safeguard the values of ethical, science-based and compassionate medical care and to support local physicians in caring for all Hong Kong people.

Dr. Miguel R. Jorge

President
World Medical Association
Congratulations to our friends and allies from the Hong Kong Medical Association on their 100th Anniversary. It is great to see organizations and friends as pillars of stability in an ever changing surrounding and a fast-moving world.

There are few regions in the world that have undergone more dramatic changes in their political and societal background. The HKMA has maintained its conviction that to serve our patients with high quality medicine is the prime obligation of physicians all over the world. Prevention of disease, diagnosis and therapy are our core business, but Medical Associations do even more. They represent and sometimes fight for the just and proper rights of the physicians in their constituency. I wish the HKMA the strength and power to maintain these positions and I wish them all the best for the future.

Professor Dr. Frank Ulrich Montgomery

Chair of Council
World Medical Association
香港醫學會一百周年慶

賀詞

香港醫學會成立百年以來，致力於促進香港居民的健康水準與醫療界福祉，踐行維護民康，開展醫療領域各項學術交流及繼續教育，推行社區服務行動計劃，為政府的相關醫療政策建言獻策，對香港醫療衛生事業的發展做出重要貢獻。欣逢香港醫學會百年華誕，我會謹此致以熱烈祝賀並祝願香港醫學會繼往開來，再創輝煌。

趙玉沛

中華醫學會常務副会长敬賀
**Message to Doctors**

The novelist George Eliot described a young man in her 1871 novel *Middlemarch*. The man seemed to be dithering about what to do with his life. An older man wished that he might take up a middle-class profession. The heroine of the novel remarked:

“Perhaps he has conscientious scruples founded on his own unfitness... Because the law and medicine are very serious professions to undertake, should they not. People’s lives and fortunes depend on them.”

Those words are still valid today as when written nearly 150 years ago. Both Medicine and the Law are honourable professions. Men and women excel only through hard work and commitment to high ideals.

I am proud to say that I have seen the best of both professions when they have been in the public eye over the past 18 months. Lives and fortunes continue to depend on them, perhaps more than ever.

Dated this on 8th July 2020

Philip J. Dykes, SC  
Chairman  
The Hong Kong Bar Association

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**Congratulatory Message to the Hong Kong Medical Association by Dr Century Tsang, President of the Hong Kong Dental Association**

I have the pleasure to extend my heartiest congratulations to the centennial celebration of the Hong Kong Medical Association (HKMA) in 2020.

The centennial of HKMA is an apt tribute to its prominent contribution to the advancement of the medical policies and high standard of practice of medical practitioners. For a hundred years, the Association has been committed in promoting the medical profession and safeguarding the health of the public. It has also dedicated to foster continuous medical education for its profession, as well as public health education through community network and service projects.

I trust that HKMA will continue to lead the medical profession to reach many more new heights. Wishing the Association every success in its future endeavors.

Dr. Century TSANG  
President  
Hong Kong Dental Association
The Hong Kong Institute of Certified Public Accountants congratulates the Hong Kong Medical Association (HKMA) on its centenary anniversary. Ever since the HKMA was founded, it has always been at the forefront to support the local medical community and ensure they have the skills and knowledge needed for their success and the collective well-being. Now more than ever, the important role of Hong Kong’s doctors and their continued dedication is deeply appreciated by all in our society.

We wish the HKMA another 100 years of success.

Mr. Raymond CHENG
President
Hong Kong Institute of Certified Public Accountants

I am delighted to extend my warmest congratulations to The Hong Kong Medical Association on its 100th anniversary.

The Association has been dedicated to serving Hong Kong’s medical profession and safeguarding the health of the people in our city over the past 100 years. The contributions of the Association and its members towards the community deserve high appreciation.

On this remarkable milestone, I wish the Association every success in the years to come.

Gillian E Meller FCIS FCS
President
The Hong Kong Institute of Chartered Secretaries
Congratulations Message
The Hong Kong Medical Association 100th Anniversary

On behalf of the Hong Kong Institution of Engineers, I would like to extend my warmest congratulations to the Hong Kong Medical Association (HKMA) on the occasion of its 100th Anniversary.

Over the past decade, the HKMA has been dedicated to safeguarding the health of the people of Hong Kong and promoting the welfare of the medical profession. Its contribution to promoting organ donation and facilitating knowledge exchange is highly commendable.

May I take this opportunity to wish the HKMA and your members every success in the years to come.


Ir Professor P L YUEN
President
The Hong Kong Institution of Engineers

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Congratulations Message for Centennial Celebration of the Hong Kong Medical Association
Commemorative Publication

On behalf of The Hong Kong Institute of Landscape Architects, I am pleased to offer my warmest congratulations to the Hong Kong Medical Associate (HKMA) on its joyous occasion of the 100th Anniversary, and sincerely wish the HKMA and its members every success in the years to come.


Iris HOI
President
The Hong Kong Institute of Landscape Architects
Centennial Celebration of the Hong Kong Medical Association

On behalf of the Hong Kong Institute of Surveyors, I would like to extend our warmest congratulations to the Hong Kong Medical Association on its Centenary Anniversary.

As we appreciate, now more than ever the Association’s motto of ‘To safeguard the health of the people’, it is imperative to acknowledge that for many years, the people of Hong Kong have been fortunate to be in the good hands of high quality medical practitioners, enabling us to enjoy excellent medical service in all sectors, thanks to the able leadership of the Association. Through the Association’s sustained pursuance for ‘Continuous Medical Education’, Hong Kong will remain as the forerunners in the world in providing first class quality medical services for the benefits of the community for many years to come.

I wish the HKMA every success in their future endeavours.

Sr Winnie SHIU
President
The Hong Kong Institute of Surveyors

Congratulatory Message for The Hong Kong Medical Association

On behalf of The Law Society of Hong Kong, I would like to congratulate The Hong Kong Medical Association on its 100th Anniversary.

Over the past century, the Association has demonstrated a firm commitment to steer the development of the profession and safeguard the health of public in Hong Kong. With the earnest endeavor of the Association to promote good standards of practice, the professionalism of medical practitioners are broadly recognised throughout the world. May you continue charting the path of excellence in many years to come.

The Law Society of Hong Kong honours its cordial relationship with The Hong Kong Medical Association and looks forward to strengthening our strong ties of friendship.

Melissa K. PANG
President
The Law Society of Hong Kong
Congratulatory Message
Centennial Celebration of the Hong Kong Medical Association

Over the last century, The Hong Kong Medical Association has made significant contributions to Hong Kong community and safeguarding the health of the people of this great city.

On behalf of The Hong Kong Institute of Architects, may I sincerely wish the Hong Kong Medical Association on the occasion of its Centennial Celebration and your Association every success in its future endeavors.

Yours sincerely,

Felix Li, FHKIA, RA
President
The Hong Kong Institute of Architects
On behalf of the leadership of the American Medical Association (AMA), may I offer my sincerest congratulations on the 100th Anniversary of the Hong Kong Medical Association (HKMA) this year.

We highly value our relationship with the HKMA. Through our collaborative efforts at the World Medical Association, the AMA will continue working with you and other HKMA leaders in the pursuit of the best medical care possible for our patients and in adopting sound policies that will improve the health of the world.

Once again, congratulations, and best wishes as the HKMA celebrates this special occasion.

Sincerely,

Susan R. Bailey, MD
President
American Medical Association

On behalf of the Czech Medical Chamber allow me to sincerely congratulate you on the occasion of 100th Anniversary of the Hong Kong Medical Association. The tense political situation in your country shows that we need to remind all of the substantial values we share in our profession. The HKMA motto “to safeguard the health of the people” is thus more vivid than ever before. I wish you and your organization to stay determined to fight not only for the principles of humanity and medical ethics but also for human rights and for respect to all human beings. Independence of the members of our profession and the relationship and trust between the physicians and the patients must not be questioned at all. We wish you all the success in the future.

Dr. Milan Kubek
President
Czech Medical Chamber
2020 marks the 100th Anniversary of the Hong Kong Medical Association, China, while Hong Kong faces the COVID-19 pandemic. Therefore, HKMA was more than ever needed to help in the fight against the virus and fulfill its motto “Safeguard the Health of the People”. We want to seize this opportunity to congratulate HKMA doctors on their centennial celebration and we will continue our collaboration within the framework of the World Medical Association.

Dr. Patrick BOUET
President
French Medical Council (CNOM)

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Centennial Celebration of the Hong Kong Medical Association

On behalf of the German Medical Association, I would like to extend my most sincere congratulations to the Hong Kong Medical Association as you celebrate your centennial anniversary.

In the face of modern health challenges, from the current global pandemic to the threat of violence against physicians, the reliable voices of physicians' organisations are even more crucial than ever.

With great respect for this milestone, I wish you continued success in your advocacy for physician autonomy and quality healthcare and in your dedication to the values enshrined in the World Medical Association’s Declaration of Geneva.

Dr. Klaus Reinhardt
President
German Medical Association
As a member of the World Medical Association and the Confederation of Medical Associations in Asia and Oceania (CMMAO), the Hong Kong Medical Association has deepened exchanges with various National Medical Associations in the field of Global Health, while fostering friendship and cooperation.

In particular, the HKMA has been a Treasurer at CMMAO for many years and has managed its finances thoroughly.

In celebration of the 100th anniversary of the HKMA, we hope that the HKMA can make continuous efforts to maintain and improve health for all under the motto “to safeguard the health of the people”.

Sincerely yours,

Toshio Nakagawa, M.D., PhD.
President
Japan Medical Association

On behalf of the Latvian Medical Association I would like to convey our appreciation for the work and achievements of the Hong Kong Medical Association. 100 years is a significant period of time showing ability and dedication of the organisation to support professional interests of its members, promote medical knowledge and science at all levels. The Hong Kong Medical Association has done it continuously though all those years.

We wish your association longevity and lots of opportunities to continue the work you have been doing so brilliantly already for 100 years!

Dr. Ilze Aizsilniece
President
Latvian Medical Association
The New Zealand Medical Association warmly congratulates the Hong Kong Medical Association on its 100th Anniversary. There is no better time to be serving our profession and safeguarding the health of our people.

Dr. Kate Baddock
Chair
New Zealand Medical Association

It is an honor for us, the Romanian College of Physicians, to be close to you, with all our thoughts and feelings of appreciation and respect, at this great celebration of doctors, the fulfillment of a century of work and devotion for the good of all people.

In fact, even the slogan of the Hong Kong Medical Association, “to safeguard the health of the people”, clearly proves the sacred commitment of doctors to dedicate themselves constantly to the lives of their patients.

On this special occasion, Romanian College of Physicians wishes you a long life, full of achievements in the fight against the great medical challenges that endanger people’s lives.

Happy birthday, for the 100 years in the service of the people!

Dr. Gheorghe BORCEAN
President
Romanian College of Physicians
Heartiest congratulations to the Hong Kong Medical Association on the occasion of your 100th anniversary! Hong Kong and Singapore have always enjoyed a close and amicable relationship, and even more so for our medical fraternities. In my own experience, preparing and taking the final exit exams for the Fellowship of College of Surgeons, in Hong Kong was truly memorable. The prep team, the examiners, and especially the patients were welcoming and friendly. On behalf of the Singapore Medical Association 61st council, I wish you, all the best, and may we enjoy many more centuries of friendship!

Dr. TAN Yia Swam
President
Singapore Medical Association

CENTENNIAL CELEBRATION OF THE HONG KONG MEDICAL ASSOCIATION

Thank you for giving the South African Medical Association (SAMA) the opportunity to contribute a congratulatory message to the Hong Kong Medical Association (HKMA) on the occasion of its centennial celebration.

While we are divided geographically, and sit on opposite ends of the globe, we nevertheless share the medical profession, which binds us in unique ways.

We are therefore delighted to congratulate the HKMA on its remarkable achievement of serving the profession and securing the health of the people of Hong Kong for 100 years.

Long may the dedication of the HKMA and its Members live into the future.

Dr. A. Coetzee
Chairperson
South African Medical Association

Dr. M. Mzukwa
Vice-Chairperson
South African Medical Association
Major anniversaries are valuable opportunities to look back on our past and to reflect upon what it may teach us for the future. The 100th anniversary of the Hong Kong medical association taking place in tumultuous times reminds us that our lives being only a brief snapshot in the course of history – a history that we can influence some-times and that certainly influences us.

However, particularly in times of challenges and changes, our medical profession enjoys a privilege: With the Hippocratic oath and the Declaration of Geneva as its modern version, we can build on enduring ethical principles. We don’t know what Hong Kong will be like in 100 years from now, but I am sure that its physicians will still be reliable and trustworthy partners for their patients.

Dr. Juerg SCHLUP
President
Swiss Medical Association

On behalf of the Medical Association of Thailand, it is my honor to congratulate the 100th Anniversary of the Hong Kong Medical Association.

Our close and long-standing friendship between the Hong Kong Medical Association and the Medical Association of Thailand, is more than a word of friendship could explain. I would rather say that we are brotherhood or even twin since by the 25th October 2020, the Medical Association of Thailand will also enter the first day of its 100th year of the Association establishment.

We both have gone through many changes and difficulties in the past for almost 100 years and the most recent one, the COVID-19 pandemic. Our collaborative efforts have led to the appropriate medical results and safeguard the health of the people. I believe that the Hong Kong Medical Association has done well to its members and actively promoted the welfare of the medical profession and the health of the public.

Once again, the Medical Association of Thailand and I are very delightful and wish the Hong Kong Medical Association with all its members, the prosperous and healthy years ahead on this special 100th Anniversary celebration of the Hong Kong Medical Association.

Sincerely yours,

Professor Dr. Amorn Leelarasamee, M.D.

President
Medical Association of Thailand
The Hong Kong Medical Association: Safeguarding People’s Health in Hong Kong for a Century and Beyond
Early History of the Hong Kong Medical Association
Best Recollections of the Past Presidents
THE HONG KONG MEDICAL ASSOCIATION

Safeguarding People’s Health in Hong Kong for a Century and Beyond

植根香港 維護民康
專業為先 百載不變

我們的宗旨

香港醫學會於一九二零年成立，匯聚了在香港執業、服務市民的註冊西醫，旨在促進香港醫學界的福祉及提昇香港社會的健康水平。醫學會現時有超過12,000名會員，來自醫學界不同專業領域。我們是醫學界同業的喉舌，為會員連結世界各地，傳遞有關醫學的專業操守及各項醫學課題的最新資訊。

「維護民康」是香港醫學會會徽上的箴言，藉以表彰照顧病人是醫生的天職，亦以此信念引以為傲。

香港醫學會由會董會領導，共有28位成員，由全體會員選舉產生。會董會旗下有多個常設委員會和諮詢小組，分別研究及處理有關醫療政策、執業指引、公眾健康教育和會員福利等項目。

OUR PURPOSE

The Hong Kong Medical Association (HKMA) was founded in 1920 with the aim to bring together all medical practitioners practising in, and serving the people of, Hong Kong. It promotes the welfare of the medical profession and the health of the public. With the current membership of over 12,000 from all sectors of medical practice, it speaks collectively for its members and aims to keep its members abreast of medical ethics and issues around the world.

The Association takes pride in displaying in its emblem its motto in Chinese which translates into "to safeguard the health of the people" to pronounce the sacred duty of a medical practitioner to look after his/her patients.

The Association is directed by a Council of 28 members elected from the general membership. The Council is assisted by a number of committees and advisory groups in its deliberation in various issues relating to healthcare policies, medical practice, public health education and membership welfare.
**OUR WORK**

**Consensus Building**

The HKMA is a major representative body of the local medical profession. To represent the interests of the medical profession and the general public in Hong Kong, the Association nominates members to various governmental, statutory and non-statutory advisory bodies such as Food and Health Bureau, Department of Health, Medical Council of Hong Kong, Physiotherapists Board, Occupational Safety & Health Council, etc.

The Association holds discussion forums and conducts surveys on issues concerning public health policy, healthcare funding as well as professional practice to facilitate exchange of views and consensus building. The collective views are reflected to the authorities via the Association.

Over the years, the Association stood up for the profession in crisis or times of great discontent. To name a couple, in the 1990s and a few years back from now, the HKMA led the profession to negotiate for at least 50% elected medical members in the Medical Council of Hong Kong to ensure professional autonomy. In the early 2000s, the HKMA fought for equal pay for equal work with frontline doctors. In 2019, the Association lined up other local medical organisations to discuss the criteria for exemption of internship for non-local specialists, with the hope to strive for a balance between relieving medical manpower shortage and upholding professional standards.
Care for the Community

Public Health Education - As manifested by the Association’s motto, promoting public health has been our most important mission. In the 1970s, when circulation of medical knowledge was not that common, the HKMA started partnering with the mass media to promote health education to the public. The signature TV programme Doctor & You, should now be one of the most long-lasting and well-received TV shows. Up to now, we are still sending our volunteer doctors regularly to the RTHK radio programmes Healthpedia and Doctor Hotline.

From time to time, the Association launches health education projects to promote healthy lifestyles, for instance, Promotion for the Use of Serving Chopsticks and Spoons, Healthy 8,000 Steps, beat drugs, smoking cessation, e-cigarette ban, DASH Diet, childhood and adult vaccination, etc. The messages were usually brought out by means of school talks, videos, fun days, public engagement activities and press conferences.

Advocating Organ Donation - The Association was the first in Hong Kong to set up an Organ Donation Register (ODR) back in 1994, which not only recorded the wishes of willing donors but also served as an indicator of the awareness and acceptance of organ donation after death. The data of the willing donors was saved in our server and organ transplant centres in Hong Kong could gain access as required. In 2008, the HKSAR Government adopted our model and built the Centralised Organ Donation Register (CODR). With the consent of the data subject, data in our ODR was transferred to CODR.

Despite the above, the Association is still actively promoting organ donation in conjunction with the Department of Health, the Hospital Authority, Hong Kong Society of Transplantation and other concerned organisations. The Spring Sowers organ donation promotion walk is now one of our annual events to increase public awareness.

Elderly Health Programme - In view of the ageing population, the Association applied for funding support from the Community Investment and Inclusion Fund (CIIF) and launched the 2-year Community Health Academy project in 2016. The project focused health management and body-mind wellness for the elderly and carers in Chai Wan district, especially those singletons and elderly
慈善工作 - 自一九九零年起，香港醫學會的管弦樂團和合唱團多次公開表演，為不同慈善團體籌款。為進一步推動慈善工作，醫學會會員、社會人士及團隊的積極捐款，香港醫學會舉辦一次慈善音樂會，主要為醫療相關的社區項目籌款。同時亦會響應國際的號召，向世界各地受災害的災民伸出援手。我們將繼續履行這項終身使命，幫助病苦貧困和弱勢社群，改善他們的生活。

Charity work - Since 1990, the Association has been raising funds for various charitable organisations through public performances of its Orchestra and Choir. To consolidate the efforts for charity and for better recognition of supporters, the Hong Kong Medical Association Charitable Foundation (the Foundation) was established in 1996. Ever since, the Foundation holds a charity concert annually in support of primarily medically related community projects. We also respond to international calls and extend our help to those suffered from natural disasters. It would be our long-lasting commitment to address the needs of the sick, the poor and the underprivileged.

求診有門 - 為方便市民求診，香港醫學會推出了《香港醫生網》www.hkdoctors.org，上載本港註冊西醫的資料。自一九九五年起，醫學會便一直透過香港電訊贊助的「醫訊通」熱線90000-222-322，為市民提供在長假期中應診的醫生資料。

Access to medical services - To facilitate the public to seek medical consultation, the Association launched a Doctors' Directory www.hkdoctors.org to house the practice information of registered Hong Kong doctors. The Association has been running the MediLink Hotline 90000-222-322 sponsored by Hong Kong Telecom since 1995, which provides information of clinics that open during long holidays.
Consolidate the Profession

Establishing networks - As the organisation with the largest doctor membership in Hong Kong, connecting members has always been our top mission. We formed community networks in various districts during the outbreak of SARS in 2003 to facilitate health education activities and community health services at district level. Over the years, the function of the networks diversified, ranging from organising district-based CME courses, to negotiation with the authorities such as the Food and Health Bureau, the Department of Health, Hospital Authority, the Home Affairs Bureau and the Education Bureau on collaborative and public-private partnership projects.

Uniting to support - Both in 2003 during the SARS outbreak, and in 2020 when COVID-19 hit Hong Kong and the world badly, the HKMA diligently sourced surgical masks and personal protective equipment for members amidst global shortage. Besides, we communicated and liaised with the authorities on infection control measures and community testing programmes, and kept members informed of the most updated information. In addition, when members encounter problems in their daily practice, they can always seek advice from the Duty Council Members scheme.

Engaging Young Doctors - Young doctors are the future of the profession. We are concerned about their professional development as well as their connection with the rest of the colleagues. The Young Doctors Programme, and later the Youth Committee serves the new graduates by holding career talks, tracking the career paths, monitoring the employment opportunities in the public sector and facilitating placements in the private sector. Exchange tours were organised in recent years to provide opportunities for young doctors to visit healthcare establishments outside Hong Kong and learn from others’ experience. The Medical Student Sub-committee further reaches out to students in medical schools, nurturing their sense of belonging to the medical profession.
持續進修 提升水平

為了提供途徑讓醫生了解日常所需的醫學知識及治療方法，香港醫學會積極舉辦各種形式的持續醫學進修課程，包括講座、論壇、研討會、工作室和討論小組等。近年，為鼓勵在偏遠地區執業的醫生參與進修，本會推出網上直播醫學進修課程，參加的醫生無論身處何地，均能實時透過網上教學技術參加課堂，並可與講者互動。他們亦可獲得進修分數，與親身上課無異。二零二零年，受新型冠狀病毒疫情影響，避免實體活動，網上直播進修課程大受會員歡迎。會員更可使用本會網上系統管理持續進修事宜，切合個人需要。

本會不時聯同其他政府部門、大學學者、醫療及教育機構舉辦與公共衛生有關的醫學進修活動，例如缺鐵性貧血、心房顫動的處理、生命晚期治療、情緒失調等。

CME & Advancing Medical Practice

Medical science and technology are ever advancing. To keep members abreast of the updated medical knowledge and treatments, the Association runs regular Continuous Medical Education (CME) activities in the form of lectures, seminars, symposia, workshops, discussion groups, etc. In recent years, in order to facilitate members practicing in relatively remote districts to join the lectures, the Association launched CME Facebook LIVE. Members can join the lectures through remote webinar technology in real-time anywhere, and they can interact with speakers as well. CME points will be awarded as if they join the classes in person. The importance of CME LIVE grew significantly in 2020 when events with physical attendance were prevented due to COVID-19. With the complimentary use of the CME Portal of the HKMA, members can manage their professional development on demand.

From time to time, we co-operate with different government, academic, medical and educational organisations in delivering medical education of great public health concern, such as iron deficiency anaemia, management of atrial fibrillation, end-of-life care, mood disorder, etc.

To support our members in the information age, the Association has developed the Clinic Management System (CMS) series over the years to help private clinics with patients’ record keeping, inventory, dispensing, etc. The latest 3.0 version is ready to integrate with the territory-wide Electronic Health Record Sharing System (eHRSS), which facilitates exchange of patients’ health record between the public and private sectors, hence promoting continuation of care.
Promote Fraternity

Members of the HKMA are multi-talented. The Association forms various sports teams and interest groups for members to further their favourite hobbies and enrich social lives. Music lovers can join the HKMA Choir and Orchestra and perform in our annual charity concert. Doctor-photographers can share their masterpieces in the quarterly photo competition. Sportsmen not only can compete at various sports tournaments organised by the Association but also represent the HKMA in inter-professional races. The HKMA Dragon Boat Teams and Trailwalkers are the showcases for team spirit, strong physiques and determined minds. The annual Family Sports Day and Swimming Gala bring together members of all ages and different roles, engaging themselves in friendly contests of physical strength. Last but not least, the HKMA Annual Ball is one of the social events with the longest history. It provides the best setting for year-end gathering of colleagues, families and friends.

External Exposure

The HKMA is not only the official representative body of the profession in local institutions but also in the regional and international medical arena.

Since the 1980s, we have been closely engaging with the Chinese Medical Association. Numerous exchanges and visits were organised over the years to promote transfer of medical knowledge and skills, as well as friendly relationships between the two regions.

We are also constituent members of the World Medical Association (WMA) and the Confederation of Medical Associations in Asia and Oceania (CMAAO). Our appearance on the international stage has long been started, and we will continue to demonstrate the high professional standards of Hong Kong to the world.
EARLY HISTORY

of THE HONG KONG MEDICAL ASSOCIATION

The Hong Kong Medical Association was founded by registered doctors in Hong Kong in 1920 as the Hong Kong Chinese Medical Association. In 2020, we celebrated our centenary and as the President of the Association (2018-2020), it would be appropriate to trace some early history of Association.

Many colleagues asked why the local doctors formed their own Association as late as 1920, given that Hong Kong was ceded to the British in 1820. There were two reasons: The first was that in the early days, people in Hong Kong believed only in traditional Chinese medicine. For Western medicine, there was only a dispensary in the Tai Ping Shan area which provided Western medicine to the general public. It was funded by a business man named Davis and he named the clinic after his mother's maiden name, Nethersole. When the Tung Wah Hospital was founded, it provided traditional Chinese medicine only. It was during the plague epidemic in 1894 that the government forced the hospital to treat plague patients with Western medicine.

The second reason was that though the Hong Kong College of Medicine for Chinese was founded in 1887, her graduates were not granted full registration. They had to go to the UK to further their study for full registration. Many worked as medical assistants such as those working in the laboratory of the Pathology Institute (Figure 1). During the plague epidemic, some of these medical assistants risked their lives to serve in the makeshift “plague hospital” in Kennedy Town. It was only after the University of Hong Kong was founded in 1911 that local medical graduates were given full registration with the full right to practice their art.

香港醫學會於一九二零年由香港的註冊醫生成立，當年名為香港中華醫學會。適逢二零二零年是香港醫學會的百週年慶，本人作為一八一八至二零二零年度的會長，當然義不容辭，為大家追溯一下香港醫學會的早期歷史。

不少醫生都有同一個疑問，香港早在一八二零年割讓予英國，為何直至到一九二零年，本地的醫生才成立自己的醫學會？原因有二。其一、早期香港社會只相信中醫，當時全港只有一間位於太平山街的藥房為公眾提供西藥，該藥房是由一位名叫戴維斯的商人斥資營運，並以母親的本名那打素命名。另外，東華醫院成立之初，亦只提供中醫服務，直至一九四零年的香港鼠疫，政府才強制醫院採用西醫方法治療染疫病人。

其二、儘管香港華人西醫書院於一八八七年成立，但未獲得港府立案認可，不能頒發醫生執照，畢業生必須到英國深造才能正式成為註冊醫生，所以不少畢業生只好擔任醫務助理，例如在香港病理學院的實驗室中工作（圖1）。在香港鼠疫流行期間，有部份醫務助理冒着生命危險，在堅尼地城臨時搭建的「鼠疫醫院」治療病人，直至一九四一年香港大學成立後，本地的醫科畢業生才獲准正式註冊，實踐所學回饋社會。
香港醫學會

一九二零年，香港本地的註冊醫生決定成立一個代表業界的組織，為了與英國來港的外藉醫生（英國醫學會會員）區別，特別取名香港中華醫學會，以爭取本地培訓醫生與外藉醫生有同等地位。他們同時希望成立一所華人私人醫院。根據毛文奇會長（1957-1958，1961-1962）所記「某些私家醫院內存在嚴重種族歧視問題，催生了成立一所華人私人醫院或療養院的念頭，醫學會實質上成立不久，便開始積極討論這項計劃。」一九二二年，養和療養院正式成立。

有關香港醫學會成立初期的紀錄並不詳，不過我們知道醫學會的第一個會議是在西環石塘咀的桃園酒樓舉行。據說創會元老還選擇該處是因為希望取其「桃園結義」之意，出自三國時代劉備、關羽、張飛結拜為義兄弟，同心協力，共渡危難，意符醫生們可以團結一致，群策群力。值得一提，醫學會首個科技資訊計劃亦以「桃園」命名，合意而前相同。此外，我們可以由會議選址推敲得出，本會成立初期還未有正式會址，不過創會成員可以負擔得起高級酒樓的消費。

尹文楷醫生是本會首位會長。副會長關景良醫生則成為第二任會長。我們可從醫學會灣仔會所牆上的舊照中一睹關醫生的面貌。其中一幅是著名的「四大寇」照片（圖2），孫中山先生和他的三位朋友湯鶴齡、陳少白和尢列並排坐著，而關景良就站在他們後面。當時孫中山、陳少白和關景良三人都是醫學生，但陳少白及後放棄讀醫。據說當時關景良也希望參與革命運動，但遭家人反對，希望他可以懸壺濟世。其後他將舌「不為良相，則為良醫」活現出來。關景良及他的後人都成為良醫。

由於欠缺資料記載，我們對醫學會前人的往績所知不多。前會長吳達表醫生（1955-1957），我們對他不太認識，其實他是一位著名的呼吸系統科醫生，在一九三七年曾擔任中華醫學會結核病分會的創會會長。吳達表醫生分別在香港和內地行醫濟世，為內地的結核疾病控制作出了巨大貢獻。他在一九七二年去世，留下他的律師女兒吳智英。當年他的大宅愛蓮別墅是以妻子Ellen的名字命名，至今仍屹立在沙宣道（圖3、4及5）。我也是透過研究這座古舊別墅才窺探到這位前會長的生平。

In 1920, local doctors decided to form an association of their own. To distinguish from the expatriate doctors from the UK who were members of the British Medical Association, the name Hong Kong Chinese Medical Association was chosen. It was probably an effort for locally trained doctors fighting for the same status as expatriate doctors. Their other aim was to form a Chinese private hospital. According to Dr. Philip MAO Wan Che, President 1957-1958 and 1961-62, "the racial discrimination was palpable in certain private hospitals acted as an effective incentive to our colleagues to organize a Chinese private hospital or nursing home, for no sooner had the Council members assumed their office, plans were busily discussed with that object in view." In 1922, the Hong Kong Sanatorium and Hospital was established.

Not much record of the early days of our Association is available today, but we do know that the first meeting was held in the famous To Yuen Restaurant in Shek Tong Tsui in the Western District. It was said that this restaurant was chosen because our founding forefathers liked the name To Yuen, from the story during the Three Kingdom period when LAU, KWAN and CHEUNG met to pledge allegiance and friendship to each other and they hope that doctors would do the same. Incidentally, our first HKMA IT project was named the same with the same wish in our mind. We can infer from the venue of the meeting that when our Association was founded, there were no official premises yet and that the founding members could afford the expensive restaurant.

Our first President was Dr. WAN Man Kai and the Vice President Dr. KWAN King Leung who was elected President in the second term. In fact we can see the face of Dr. KWAN in one of the photos on the walls of our Wanchai premises. In the photo, SUN Yat Sen sat with three of his friends, YEUNG Hok Ling, CHAN Siu Bak and YAU Lit (the famous ‘four bandits’ photos), and KWAN was standing behind them (Figure 2). SUN, CHAN and KWAN were medical students but CHAN dropped out of his medical study later. It was said that KWAN also wished to join the revolution movement but he was persuaded by his family to work in the medical field. This fulfilled the old Chinese teaching ‘If you do not work as a good minister, work as a good doctor’. Dr. KWAN and his descendants are good doctors.
Because of the paucity of the records, we did not know much about the deeds of our forefathers. The President of 1955-1957 was Dr. WU Ta Piao and was not known to most of us. In fact he was an eminent respiratory physician and was the founding President of the Tuberculosis Disease Branch of the Chinese Medical Association in 1937. He worked in Hong Kong and in the Mainland and his contribution to the tuberculosis control in the Mainland was enormous. He died in 1972 and was survived by his daughter Wilhelmina, who was a lawyer. His house, Villa Ellenbud, named after his wife Ellen and is still standing in Sassoon Road (Figure 3, 4 and 5). It is through the research on this ancient villa that I found out the life of this past president of ours.

The relationship between the Chinese Medical Association and the British Medical Association were cordial as we can see from the photos that they held their annual dinner function together (Figure 6). We could see the logo of the Association in the pictures as well. According to Dr. PANG Wing Fuk, son of Dr. PANG Hock Koo, President 1952-53, the major event of the Association was the Annual Ball Dinner held in Ritz Club North Point (the first Miss HK Pageant was held there). From the family album of Dr. Philip MAO, we saw pictures of the Governor of Hong Kong, Sir Robert BLACK, attending the joint annual function (Figure 7 and 8). The HKCMA and the BMA staged a joint effort to negotiate with the government and international authorities to recognize the smallpox vaccination and cholera inoculation certificates issued by registered Hong Kong medical practitioners.
Our Association enjoyed international recognition and we hosted an official dinner for the delegates of the 8th Western Pacific Regional Conference of the WHO while Dr. Philip MAO was the President (Figure 10).

In March 1958, the membership was about 500 with 700 registered doctors. (Today we have over 12,000 amongst some 14,000 doctors registered with the Hong Kong Medical Council). In the early days, there were quarterly social functions interspersed with frequent scientific meetings. The social functions were hosted by members in turn. With increasing membership, the Association was in need of a premises of its own and a Permanent Premises Fund subcommittee was set up. Dr. YANG Kyung Waung, Raymond, President 1959-60, chaired the committee (Figure 10). Dr. YANG was a great fund raiser, with the concerted effort of many members, the Association raised $120,000 to acquire and renovated its own premises in 6/F of Wyndham Mansion which we still own. It was officiated by the Hon Sir Sik-Nin CHAU in 1962. It was put into very good use, there were even classes for members to learn or practice dancing for the annual ball (That was of course before the COVID19). Dr. YANG had good relationship with the university academics, a tradition that remains to this day (Figure 11).

Our Association was registered as a limited company without the need to add the word `limited' to the name. The Memorandum and Articles were set up and an Association crest was established. Note the crest has three curved blue lines, indicating the maritime nature of Hong Kong and that we were ready to accept foreign culture. We still are. The motto `safeguard the health of the people' was from Dr. PANG Hock Koo, President 1952-53 (Figure 12). We still adhere to his motto.

In an Extraordinary General Meeting on 9 October 1970, the name of our Association was changed to the Hong Kong Medical Association, embracing all registered doctors in Hong Kong irrespective of their nationality. We are one.
BEST RECOLLECTIONS
of THE PAST PRESIDENTS

我很榮幸在一九八二年至一九八四期間擔任香港醫學會會長。

在任期間，有不少事情令我特別感到自豪：

修訂《醫生註冊條例》

當我從李仲賢醫生手上接棒後，便著手處理外國醫科畢業生在港執業的問題。當時，我們建議香港醫務委員會：

■ 讓未能於香港醫務委員會註冊的外國醫科畢業生參與執業試。

現時，執業試已被執業資格試取代（自一九九六年九月起），並由香港醫務委員會負責籌辦。

執業資格試要求醫科畢業生參加專業知識考試、醫學英語技能水平測驗和臨床考試。考生通過首三項考試後，必須在認可的醫院進行住院實習，接受為期十二個月的訓練及評核。

■ 在試前已進行實習或擁有相關全職臨床經驗的醫生可以免除部分或全部實習期。目前，香港醫務委員會的豁免小組，負責考慮和決定豁免部分執業資格試和部分評核期的申請。

專科醫生名冊

在諮詢英國醫學會（香港分會）後，我們積極研究設立專科醫生名冊的可行性。這對其後成立的專科醫生名冊起了重大的推動作用。香港醫務委員會亦一直沿用該名冊至今。

Professor YUEN Chung Lau, Natalis, JP
President (1982-1984)

I am honoured to have been President of the Hong Kong Medical Association from 1982 to 1984.

There are several memories during my tenure that I am particularly proud of. These include:

The Amendment to the Medical Registration Ordinance

When I succeeded Dr. Peter C.Y. LEE, the topic of foreign medical graduates was raised. At that time, we recommended to the Medical Council of Hong Kong that:

■ Foreign medical graduates who could not register with the Medical Council, should undertake the Licentiate Examination.

Today, this is called the Licensing Examination (the term “licentiate” was changed to “licensing” in Sept 1996), which is administrated by the Medical Council of Hong Kong.

The Licentiate/Licensing Examination requires medical graduates to undertake an examination in professional knowledge, proficiency in Medical English and a Clinical Examination. Following that, licentiate/licensing candidates must undergo a 12-month internship in approved hospitals.

■ Those who undertook internships previously might be exempted from part or the entirety of the internship. There is currently an Exemptions Sub-Committee of the Medical Council of Hong Kong which determines exemptions from various parts of the Licensing Examination and parts of the internship training.
Medex’ 1984

In consultation with the British Medical Association (Hong Kong Branch), we worked on a feasibility study of setting up a specialist register. This set the wheels in motion for the Specialist Register to be setup and is still in use by the Medical Council of Hong Kong today.

Medex’ 1984

Council members and member of the HKMA that time worked hard to promote the medical profession in Hong Kong. The culmination of this was the Medex’ 84 Hong Kong Medical Exposition and Public Medical Education Campaign, which was very successful in promoting awareness of the HKMA to the Hong Kong community.

1983 Young Professionals Delegation

I represented the HKMA as part of the Young Professional Delegation along with the Honourable Mr. Andrew LI, Mr. Martin LEE, JP, Ms. Selina CHOW, GBS, JP and the late Mr. Allen LEE, CBE, JP and seven other professionals, “to discuss the future of Hong Kong, post 1997 in Beijing”.

Beginnings of HKMA Orchestra

I also have fond memories of many doctors playing musical instruments in our lounge room! We had many talented musicians including Dr. Charles WONG, Dr. Buddy WONG, that led to the creation of the HKMA Orchestra in 1989 which today has raised over HK$5 million for charities right across Hong Kong including the Hong Kong Anti-Cancer Foundation, Hong Kong Society for the Deaf, Hong Kong AIDS Foundation.

Congratulations to the HKMA as you celebrate your 100th year and I send my best wishes for continued success in the years to come.
BEST
RECOLLECTIONS
of THE PAST PRESIDENTS

對香港醫學界來說，八十年代末至九十年代初是一個重要的里程碑，香港醫學會在這個時代更進中對醫學界起著舉足輕重的領導作用，引進各項改革。

我很榮幸在一九八八年至一九九二年期間獲選為香港醫學會會長，同期亦有幸擔任立法局醫學界議員，以及當選英國醫學會（香港分會）的會長。

在眾多大事當中，以下兩項改革可說是香港醫學史上的重要章節，亦是為專業自主的鋪路：

第一項是關於香港醫務委員會的改革。在我會的推動之下，醫委會由半政府機構蜕變成一個自主的專業機構。早年，醫委會主席一直由醫務衛生署署長（公務員）出任，其他委員包括香港醫學會、英國醫學會（香港分會）以及皇家英軍的代表，有兩項安排顯然是不能接受的。首先，醫委會是訂定專業水平的機構，由政府官員擔任主席有違專業自主的精神，因為有關當局可能會以行政方便為由而犧牲專業水平。

此外，香港回歸以後，英國醫學會和皇家英軍在本地再沒有任何法定地位。因此，醫委會的組成，以至規範醫委會的《醫生註冊條例》必須立即進行修訂。

The late 80's and the early 90's was a milestone for the medical profession, and the Hong Kong Medical Association (HKMA) took a pivotal role in promoting the necessary changes.

I was elected President from 1988 to 1992. During the same period I was blessed to be able to take on the role of the member of the Legislative Council representing the Medical Functional Constituency. Similarly I also had the benefit of being elected the President of the British Medical Association (HK Branch) (BMA). Amongst many happenings two significant reforms needed to be recorded as they set in concrete in history paving the way for professional autonomy.

Complete transformation of the Medical Council of Hong Kong from a semi-government body to a professional autonomous body with proper input from the HKMA. Hitherto the Medical Council of Hong Kong had always been chaired by the Director of Medical and Health Services – a government servant. The membership of the Council consisted of representatives from the HKMA, BMA (HK Branch) and members of Her Majesty’s arm forces. Two areas were distinctly unacceptable. Firstly, to have a medical council that determines professional standards chaired by a government official violates the spirit of professional autonomy, for professional standards could be compromised by administrative expediency.
Secondly, after the change of sovereignty, the British Medical Association and Her Majesty's armed forces would have no role to play in Hong Kong. The composition of the Medical Council of Hong Kong and the Medical Registration Ordinance that determines the Council therefore must be amended without delay.

Taking on the role of both as legislator and as President of the HKMA, I moved to have these irregularities corrected – the Director of Medical and Health Services as the de facto chairman was replaced by an elected member from the members of the Council. Memberships from BMA (HK Branch) and Her Majesty’s arm forces were removed. The medical profession would file 14 members – 7 directly elected amongst the profession and 7 from the HKMA being the main representative of all the registered medical practitioners. Needless to say, there would be lay members as one of the roles of the Medical Council was to “monitor the doctors on behalf of the public”.

As professional autonomy is paramount, and with the transfer of sovereignty imminent, together with the late Dr. Raymond WU (one of our past presidents) we gathered the nine professional groups (Accountants, Architects, Barristers, Dentists, Engineers, Lawyers, Planners, Surveyors and Doctors) to lobby the central Chinese Government to have the spirit of professional autonomy enshrined in the Basic Law. We succeeded (Article 142 and 149 of the Basic Law refers).

The Hong Kong Medical Association was set to take off.

The motto of the HKMA is “to safeguard the health of the people”. This is sacrosanct and this is our call and our pledge. A pledge that all members of the Association and all registered medical practitioners must abide, despite any adversities, irrespective of race, colour, creed or political and religious beliefs. It is because of this pledge that the medical profession gained the confidence and respect of our patients and the society. It is through this pledge that the HKMA stands tall as a respected representative of the medical profession.

For the HKMA to march into the next 100 years, the principle of sustainability must prevail. The leaders of today must be open minded enough to train and pass the torch to our next generation of medical practitioners to ensure that the spirit of “safeguarding the health of the people” will benefit the society in perpetuity.
BEST RECOLLECTIONS of THE PAST PRESIDENTS

I am honoured and great privilege to contribute a message of commemoration to celebrate the centenary of our grand matriarch. The challenges that we faced during the years 1992-94, and the responses of the Association are here briefly recalled.

1. Having strong representation and good personal relations with Beijing, my predecessor President Raymond WU had ensured that professional autonomy was firmly inculcated into the Basic Law long before its enactment. Urgent amendment of the Medical Registration Ordinance was now required. A draft HKMA private member’s bill was presented to the Legislative Council. The MRO was subsequently amended by the government in 1995. Other amendments incorporating specialist registration and partial restructuring of the Medical Council followed in 1997. However, events that have since occurred call into question our ability to effectively uphold professional autonomy. Structural changes to the Medical Council then proposed have only been enacted into law some 20 years later, but in an unrecognizable form.

2. Through our efforts the long-outdated warning notice of the Medical Council was overhauled to become the all new Professional Code and Conduct in 1994. This was renamed the Code of Professional Conduct in 2009.

3. Under the Code, drug labelling was finally made compulsory (1 January, 1995) and guidelines for the dispensing of dangerous drugs to patients were tightened. In addition, doctors were made abundantly aware that the illegal sale of any kind of drug other than dispensing to bona fide patients would be prosecuted under the law.
4. A Code of Practice for the Use of Medical Lasers was jointly launched with the Hong Kong Surgical Laser Association.

5. Patients’ rights were formally promulgated and widely publicized, with a hotline for enquiries and complaints. This was way before the public recognition of patients’ rights by any other local authority. The Patients’ Rights Committee (1993) effectively resolved most complaints against doctors received by the Consumer Council, and the following year the number of complaints dropped from 12 to 1.

6. In 1994 the first ever territory-wide Organ Donation Register was established in response to the growing need for allograft organs and tissues. A consequent Charitable Fund was also registered, with initial funding from a well-supported charity walk around the Peak. It was many years later that the government started its drive for organ donation.

7. Close rapport with the Hong Kong Academy of Medicine had been established since before its inauguration. A whole floor was reserved for the HKMA in the new Academy building being planned. For reasons unknown to me, when the Academy building was completed in 1998, the Association did not see fit to take up the reserved premises.

8. In recognition of the role of the Academy, the historic Journal of the Hong Kong Medical Association under Chief Editor Dr. Y L YU would give place to a jointly published scientific journal. The scientific Journal had a 10-year history and was preceded by the Bulletin of the HKMA (1970-84) and the Bulletin of the HKCMA (1948-69). Previous editors had included Dr. E K YEOH and Prof. David TODD. The resultant Hong Kong Medical Journal (1995), having the same Editor in Chief, rapidly and predictably achieved impactful international status.
9. 經過一輪專業諮詢後，醫學會秘書處迎來現代化的管理革新。行政秘書一職提升為行政總監，轄下包括兩名助理和八名文職人員。

展望未來，醫學界當前首要任務是對抗嚴峻的新冠肺炎疫情，即使艱鉅也絕不能退縮。就算疫苗研發成功，我們仍然要竭力維護市民健康。同時，我們更應該以公眾利益為依歸，反對各種以政治或經濟考慮凌駕於人命的政策。作為醫生，我們已充分準備作出個人犧牲，但當然以理性和平方式。

維持醫療系統的可持續發展仍是一個重大難題和長遠挑戰，之前零雋的政策未能有效解決。此外，我們必須盡力維持香港作為亞太區醫療樞紐地位，透過程序重整私人醫療市場，不斷提升醫療機構以至所有醫生的醫療水平，並適時地應用新科技。

就讓我們稍作喘息之際，共同攜手慶祝香港醫學會百週年紀念，繼續在歷史上寫下光輝的一頁。

9. Management of the HKMA was also modernized after due professional consultation. Our administrative secretary was elevated to the post of Chief Executive, supported by two deputies and eight supporting staff.

Looking forward, in the near term the profession faces an uphill battle against the scourge of the deadly SARS-CoV2 pandemic. We must safeguard public health even when vaccines become available. While committed to personal sacrifice, we may have to combat any policy (through peaceful means of course) which places politics or the economy before human life.

The problem of sustainable healthcare has never gone away. It has not been solved by piecemeal measures, and will remain a long-term challenge. Furthermore, we must do our best to maintain Hong Kong as the regional medical hub by adequately reorganizing private practice, enhancing standards of care not only for groups as required by law, but for all practitioners, and timeously harnessing technology.

While we have respite, let us join hands to celebrate 100 years of history in the making!
BEST
RECOLLECTIONS
of THE PAST PRESIDENTS

任會長之前

李仲賢醫生在一九七零年把我會的名稱由「香港中華醫學會」改正為「香港醫學會」，並擔任第一屆會長。

李仲賢醫生成功把香港醫學會帶入各世界醫學組織，包括亞洲與大西洋醫學會聯會、英聯邦醫學會及世界醫學會，李醫生亦開展醫學會的公衆醫學教育一系列工作。他曾派我為公衆醫學教育小組主席，而我在任此職三十二年。首先我們聯合各大小報章，開辦一個「醫學信箱」，回答市民來信的問題，發通訊稿予各大報章，加以刊登。隨著我們與香港電台合辦一個電話即時問答節目，接收市民來電。最終與香港電台合辦電視節目「醫生與你」，這是最受市民歡迎的電視節目之一，不斷纏繚維持了二十年之久。我由醫學會委派的唯一人作節目的主持，這令坊間較年長者暱稱我為「電視醫生」。

Prior to My Presidency
Before I became HKMA President in 1994, I served as Honorary Secretary for 14 years and Vice-President for four years. I worked with Past Presidents including Dr. Christina CHOW Po Wong (1970-1972), Dr. Peter LEE Chung Yin (1986-1970, 1972-1976), Dr. Henry Li Fook Kuen (1976-1978) and Dr. George CHOA (1978-1980). Unfortunately these great leaders of our Association have since passed away and could not give personal contributions to the Centennial Commemorative Publication. Perhaps I can make some effort to fill the gap and relate their achievements.

Dr. Christina CHOW was the one that changed the name of the Association from the Hong Kong Chinese Medical Association to the Hong Kong Medical Association in 1970 and she was the First President.

Dr. Peter LEE achieved the HKMA membership in the Confederation of Medical Associations of Asia and Oceania (CMAAO), the Commonwealth Medical Association and the World Medical Association (WMA). In other words he put Hong Kong on the map. He was also instrumental in initiating the Public Medical Education Programmes. He appointed me to be the Chairman of the Public Medical Education Committee, a post that I held for over 20 years. We started with a Daily Medical Letterbox in all the major Chinese newspapers to answer questions put in by the public. Then we began a radio phone-in programme with Radio and Television Hong Kong, eventually culminating in the TV programme Doctor and You. This TV programme ran on and off for some 20 years and was one of the most popular TV programmes on show. I was appointed the sole representative of the HKMA to host the programme which gave me the nickname “TV Doctor”, as recognised by the more senior citizens in town.
Dr. Henry Li founded the Hong Kong College of General Practitioners.

Together they appealed for and acquired the funds for our new premises and the HKMA moved into our present premises in 1975.

**My Presidency**

My period of Presidency (1994-1998) spanned across the 1997 Changeover. The chief worry of the profession then was the future status of our profession and our Association.

I twice led the HKMA Delegation to Beijing in 1994 and 1996 to meet the officials of the Chinese Medical Association, the Ministry of Health and the Hong Kong and Macau Affairs Office. Professor CHEN Min Zhang, the Minister of Health and President of the Chinese Medical Association, assured us of our continuous professional autonomy. There would not be mutual recognition of medical qualifications, requirements for professional registration would continue to be determined by the Medical Council of Hong Kong, and our Association could continue to participate in the international organizations under the name of "Hong Kong, China". All these decisions were enshrined in Articles 142 and 149 of the Basic Law.

To maintain our relationship with the Chinese Medical Association we established the Annual Beijing/Hong Kong Medical Exchange programme. I led the first HKMA Delegation, together with the Hong Kong Paediatric Society, to visit the CMA in 1997 and hold a medical conference lasting two days. The next year we played host to the CMA and received their first delegation.

At home, while I continued with my work on public medical education, the pressing need was to amend the **Medical Registration Ordinance (MRO)** and the overhaul of the Medical Council, in order to prepare for the Changeover.

The MRO was extensively amended in 1996. A Universal Licensing Examination was instituted for all graduates outside Hong Kong. A Specialist Register was established.

The structure and functions of the Medical Council was completely overhauled. The new composition, procedures and committees were established. 14 members were
將來展望
我在任時常對同事說我們一定要秉承我會的格言「維護民康」。我認為我會的服務對象首先是市民大眾，其次是醫學專業，我們的會員福利只排第三。

我們是「香港醫學會」，並不是香港醫生協會，我們是整個醫學專業的代表。在往日政府的眼中，我會是醫學界的唯一代表，是政府諮詢的對象。

但近年我們矮化了自己。常常要連同其他醫生組織去發新聞稿或開記者會。在政府眼中我會只是衆多醫生團體之一，我會的權威被淡化了。

我謹期望將來的會員會抱遠見，重拾正軌。

elected, of which seven by the HKMA Council. Members from the BMA (HK Branch) and the Army were excluded.

Previously I had been one of the HKMA representatives in the Medical Council for 10 years. And in 2000, I became the only Past President of the HKMA to be elected Chairman of the Medical Council.

Future Perspectives
I have often preached with my colleagues that we must uphold our motto “Safeguarding People’s Health”. I often said that our first target of service is the people of Hong Kong. The second target is the medical profession and our members come third.

We are the Hong Kong Medical Association, not the Hong Kong doctors association. We represent the whole medical profession. In our days we were regarded by the Administration as the sole representative of the medical profession to give opinion and advice.

But in some recent years we have belittled ourselves. The HKMA often gave press statements and press briefings in conjunction with many other doctors’ associations. In the eyes of the Administration we were just one of the doctors’ groups. Our authority had been diluted.

It is my wish that our future Council has the foresight to steer our Association back on the right track.
BEST RECOLLECTIONS of THE PAST PRESIDENTS

百歲隨想
二零二零年是香港醫學會的百周年。在這特別的時候，也正是思量過去、展望將來的好時刻。
我在醫學會八十周歲前的一段時間，有幸參與它的會務，由會員、會董、義務秘書、副會長及其後會長職。醫學會在這段時間的發展，實令我覺得有幸成為其一份子。

Thoughts at One Hundred
2020 is the centenary of the HKMA. Ten decades is a long time, much longer than a typical lifespan. Historic moments are good opportunities to ponder on the past and plan for the future.

I have had the fortune of moving through the ranks of the HKMA, from member, Council Member, to Honorary Secretary, then Vice President and eventually President of the HKMA, around its eighth decade.

The membership then consisted more of those working in private than in the public sector. One of our key challenges was to establish effective channels of communication between the government and the private sector, which were then almost non-existent. Private practitioners very much wished to be better informed on public health issues by the government, but the information was not forthcoming. In one particular incident, the government told the public to ask their private doctors for information that was in fact only known to the government. When the HKMA clarified through the mass media that private doctors were very much in the dark as the public, we were “dressed down”, in private, by government officials, that we had given the media “a field day” against them. This confrontation however did bear some fruit: the government started to distribute useful and relevant information to private practitioners regularly, so that we were better equipped to advise our patients.
Next time when you read those mail communications from the government, you may note that they do not come without a story.

那時候的香港醫學會，會員以私人執業的同僚較多。這和今天比較是不同的。私人執業的同僚對一些公共醫療資料未能收到充足和及時的訊息。政府在這一方面提供不多，同僚們可告知病人的資料有限。記得有一次我由於一些公眾需要知道的公共醫療資料，但政府指示公眾向其私人醫生查詢，醫學會坦然向傳媒指出我們和公眾同一樣不知詳情，引致政府官員約見我們。會面時責怪我們放映報紙“有一個好消息”。不過這次的對壘也帶來一點好處，我們開始收到政府一些有關大衆醫療衛生的資料，今天當你讀到這些信件和通訊時，背後其實有這樣的一個小故事。
我們也很關注與公眾有關的問題。器官捐贈當年並未受到足夠的關注。公眾如是。政府也是。我們獨力建立一個《器官捐贈名冊》的系統。也利用了電話和傳真的傳送安排了一個二十四小時都可以用來尋找表示願意捐贈器官者的簽名表格，以方便與正感傷痛的家屬討論器官捐贈的可能。政府其後對器官捐贈表現得較積極，《器官捐贈名冊》的資料現已歸納在政府的系統裏。想起來當日使用和今日比較絕對是小巫見大巫的科技，創造了一個二十四小時連作而取得捐贈同意書的做法，是一個令人鼓舞的創新。

這段時間另一個令人頭痛的公眾醫療問題就是市民在假日時，比較難找到私家醫生求診。以致集中到公立醫院的急症室，令公立醫院急症室的工作量大增。這問題可能今日依舊存在，不過當時情形有幾重嚴重。我們便設計和安排了一個二十四小時自動電話回應系統，讓市民可以知道各地區什麼私家醫生在假期隨時時間應診，幫助減輕公立醫院的壓力。這些資料在今日互聯網資訊流通的日子，當然並不令人驚奇，但在那未有互聯網的年代，也是一個難得的安排。

我們也曾設立醫學會慈善基金，幫助一些對公眾醫療關注的行動。管弦樂團和合唱團也相繼成立，他們的演出成為慈善基金的主要籌款來源。

專業本身的問題當然也是我們的留意。當時的香港醫務委員會成員全是由政府委任的。醫學界本身多少希望有選舉成員的名額。政府並不感興趣。我們有系統地寫好了提議來修訂當時的《醫生註冊條例》，並準備由醫學界的立法會議員用私人法案的形式提出。這些功夫給予政府不少壓力，最後政府自己提出修訂的法案，接受了不少的提議。最主要的是醫務委員會開始有由醫學界自己選出的成員。今天當你投票的時候，大家都應珍惜這些得來不易的投票權。

The predominantly private practitioner membership at that time did not prevent us from concerned about matters of public interest. Organ donation was in its embryonic years at those times. There was little public awareness about organ donation and there was no organised system in place to facilitate it. The HKMA single-handedly formed an Organ Donation Register of altruistic potential donors and an Organ Donation Fund to promote it. With technology then limited to telephone and fax, we established a 24-hour hotline service to retrieve signed donation forms, to facilitate discussions with grieving family members about organ donation. With this pioneering program, we successfully devised a workable solution for public good. The program raised awareness not only among the public but also within the government. Today, the register and its information have been incorporated into the government’s own organ donation program. For a long time, we led the way and were fighting alone.

Beyond organ donation, we also worked to combat the worsening problem of overloaded public A&E departments. As the problem was particularly serious during holidays, we created a 24-hour telephone information portal for the public to find out which private practitioners were working on holidays, thereby relieving the workload of our public colleagues. Nowadays, one can easily find such information on the web, but in those days, with limited technology, our centralised program was a first in Hong Kong.

We expanded our public goodwill through the formation of our charity fund. The HKMA Orchestra and Choir were organized at that time, with their performances becoming an important source of funds for our charitable activities.

Aside from public matters, as a professional body, we certainly took keen interest in professional matters. Back then the Medical Council of Hong Kong was made up of government appointees alone. Many in the profession saw the merits of having elected members in the Medical Council. As the Medical Registration Ordinance was an archaic piece of legislation written a long time ago, we asked for reform and amendment of the Ordinance to meet the needs of modern times. But the authorities then were not too keen – they did not like to meddle with the law, unlike more recent governments. Eventually, we had to draft all the new proposed amendments to the Ordinance ourselves, with the intention for a private member’s bill to be forwarded by our functional constituency legislator. The private member’s bill was never needed, as our draft had put sufficient pressure on the government that they finally put up a government bill to reform the Medical Registration Ordinance very much along our lines. Among the many new features, the most striking one is the introduction of elected members to the Medical Council. Today, when you cast your vote to elect your colleagues to the Medical Council, you should remember that the right to vote did not come easily.
醫學界當年有一段長時間未能解決。當年未有執照的制度，很多未能在當時法規內註冊的醫務人員，都只能有限度地在特別的社團診所內工作。因為他們不是註冊的醫生，所以不能成為醫學會會員，這情況對他們來說很不是味兒。於是我們建立了一個特別的「踏腳石」會員資格，令他們在一既定時間內成為會員，這傷痕慢慢地好過來。今天這安排的成功彰顯在其並無痕跡之處。在我們的會章裏，一個大家都可能沒留意到的會員組別，已發揮了它的歷史角色價值，消除了醫學界內的一個傷痕。

我們也曾面對是否在一公眾建築物內購買地方作為會址的困難決定。不過最後我們否決了這可使我們失去彈性使用會內有限資金的做法。今天我們仍享有多個場所可用，亦保有彈性調用資源的機會，想起來這次決定是一個較佳的選擇。

那是一個多事之秋，也充滿挑戰的時間，但我們並不只流於討論和叫苦，而是細心考慮和探討公眾與專業本身的種種問題，提出實質可行的解決方法，這是一個務實的態度，我們保持自己的獨立思考和原則，並不受權力，或接近權力和利益的吸弓。希望醫學會在未來的日子，這可見充滿挑戰和困難的大時代，也能保持這些原則和態度，確保我們能得到公眾的尊重和信任，讓我們大家都可為醫學會而感到驕傲。

There was then a long lasting wound in the medical fraternity. The Licensing Examination had not yet been launched and, for a long time, foreign medical graduates not registered with the Medical Council could only work in medical clinics under special and limited arrangements. Being unregistered, they could not become the HKMA members and a rift was developing between them and the rest of the medical profession. The distaste was obvious. We offered them a special stepping stone membership, then to full membership, integrating them, into the HKMA fraternity. The division gradually healed. Few recall this story today. Indeed its success is "marked" more by this general unawareness than anything else. A special class of membership in our constitution has played a historical role and served its mission in healing a wound in our medical fraternity.

During those times, the HKMA was also under pressure to mobilize its funds to purchase a premises in a public building shared with other medical institutions. We managed to escape from becoming a captive owner and chose to maintain the financial liquidity of our assets. Today, we enjoy multiple properties, and maintain independent flexible control over our assets. With the benefit of hindsight, this was clearly a better financial decision.

Those were rewarding and eventful, albeit challenging, times. Looking back, I can say that we did not simply discuss and complain, but focused on and identifying workable solutions to problems faced by the profession and the public. We made bold, independent decisions that were goal-oriented and not just for show. My hope for the future of the HKMA is that we can maintain this professional and pragmatic attitude. At this time of great social and cultural flux, nothing is more important than staying true to our principles and acting in a way worthy of our patients’ trust. Nothing, not power, not proximity to power or other rewards, should erode such attitudes or beliefs in the coming unpredictable days. Only then can we cement our legacy in these turbulent times.
BEST RECOLLECTIONS
of THE PAST PRESIDENTS

史蕙芝醫生, JP
會長 (2014-2016)
Dr. SHIH Tai Cho, Louis, JP
President (2014-2016)

由一九九八年開始，我便開始擔任醫學會會董，經歷十八載。在我的個人經歷中，最為深刻懷念的是成立持續醫學進修委員會、出版持續醫學進修專訊，以及為醫學會物色一處新會所。有賴已故李樹培醫生以及其他醫生的慷慨捐贈，中環會所才能順利開幕，現在回看，這仍是—項相當明智的決定。回望過去，在我擔任會長的期間，我的每個決定可能都有可以做得更好的地方，不過我與歷任會長都有著同一理念，就是竭力服務業界，貢獻社會。

My service as a HKMA Council Member dates back to 1998. During these memorable eighteen years, my most gratifying personal experience would be the setting up of the HKMA CME Committee, the initiation of the CME Bulletin and the hunting of a new clubhouse for our Association. The acquisition of the premises with donation by the late Dr. Li Shui Pui and other doctors was a really good move on looking back. I might not have been correct in all my decisions while being a President, but my conviction to serve my profession and our community must be a vision shared by all Presidents of the HKMA.
BEST
RECOLLECTIONS
of THE PAST PRESIDENTS

100 years of the HKMA

Dr. Philip MAO recollected that it was in 1920 at a dinner convened by Dr. KWAN King Leung at To Yuen Restaurant at West Point that the first office-bearers of the Hong Kong Chinese Medical Association were elected. The President was WAN Man Kai, Vice President KWAN King Leung, and Honorary Secretary & Treasurer WONG Chung Ching. The main objectives of the Association was to promote goodwill and friendly relations among graduates and advancement of medical science. Social gatherings were held in the form of quarterly dinners interspersed with scientific gatherings.

It was half a century later in October 1970 that the Association changed its name to the Hong Kong Medical Association (HKMA). Prior Presidents include Dr. LI Shu Fan, Dr. CHAU Sik Nin, Dr. Raymond YANG, Professor GB ONG, and Professor Daphne CHUN, amongst other prominent members of the profession. In 1970, Dr. CHOW Po Wong took the chair, to be succeeded by Dr. Peter CY LEE, Dr. Henry FK LI, Dr. George CHOA, Dr. David CT WONG, Dr. Natalis CLYUEN, Dr. Raymond WY WU, Dr. LEONG Che Hung, Dr. David FANG, Dr. LEE Kin Hung, Dr. SO Kai Ming, Dr. LO Wing Lok, Dr. TSE Hung Hing, Dr. Louis TC SHIH, Dr. HO Chung Ping and myself. It was in 1975 that we acquired our present Association premises in Wanchai. We were happy that we acquired another premises in Central with the generous donation from Hong Kong Sanatorium and Hospital.
時光荏苒，半個世紀轉眼又過，醫學會亦經歷了很多蛻變。

我們由一個懸掛著醫生的牌匾的非政府組織，成為一個由相對平實的前線醫生掌舵的非政府組織。作為政府一個諮詢意見的機構，我們肩負站出來反對政府無理政策和條例的重任。曾幾何時，我們的前會長協助制定《基本法》和《醫生註冊條例》，現在的會董與公立醫院醫生並肩作戰，參與遊行及靜坐，向當局爭取同工同酬。我們亦帶頭發起在立法會外靜坐抗議，圍著爭議的《醫生註冊修訂條例草案》，聲援在香港內力挽狂瀾的醫學界立法會議員，在過去二十年，我們亦有就醫學生收生人數、改革醫務委員會、醫療改革、政制改革等議題發聲。我們亦有在傳媒的鏡頭捕捉到在立法會之外，抗議政府建議部份入口食品可獲豁免從營養標籤規定。

為確保業界意見得到充分反映，我們鼓勵會員通過直選或醫學會內選舉競逐醫務委員會委員的席位。至零零七至零八年，我們成功取得十四個選舉席位中的十二席。為確保業界意見得到充分反映，我們以團隊形式參加選舉委員會醫學界界別分組選舉，並按照醫學會會員的問卷調查結果在行政長官選舉中投票。

身為醫學界的一員，我們明白與時並進、持續吸收新知識的重要性。為此，我們鼓勵會員達到醫務委員會對持續醫學進修的要求，我們逐漸由原本不定期的課堂變為當及系統化。以往醫務委員會規定醫生一定要親身出席上課。在新冠肺炎疫情期間，香港醫學會亦首個機構獲批准推出線上直播醫學進修課程。其間我們每月舉行約二十個課堂，每節多達五百名醫生參與，每月出席率接近一萬人次。

為促進本會與中華醫學會及其會員的溝通和學術交流，我們在九九七年首辦京港醫學交流會議，直至二零一八年。我曾親赴內地，參加醫學會與京港醫學會的學術交流活動，亦曾訪問四川地震災區。我們與內地的伙伴一直維持著良好關係。

It has been another half a century and we have gone a long way since.

We have gone from a club for distinguished professionals to a Non-Government Organization manned by less distinguished front-line doctors, both in the private and public sectors. As an organization consulted by the government, we took up the role of speaking up against unacceptable government policies and ordinances. Once upon a time, our Presidents helped to formulate the Basic Law and the Medical Registration Ordinance, but now our officers marched and sat in with public doctors over unfair pay scales and we organized our own sit-in during the amendment of the Medical Registration Ordinance when we supported our Legislative Councillor fighting the unfair bill inside the Legislative Council. We have also spoken up on medical student intake, Medical Council Reform, Health Care Reform, Political Reform during the last two decades. Some of our council members were captured on camera for protesting outside Legislative Council for clear nutritional labelling for imported food.

To ensure that our voices were heard, we encouraged our members to run for the seats in the Medical Council through direct election or election via the HKMA. In 2007-8, we managed to secure 12 of the 14 seats through election. To ensure our voices were heard, we ran as a group for membership of the election committee, medical sub-sector of the HKSAR and cast our votes for the Chief Executive based on the result of a membership poll.

As members of the medical profession, we are aware of the need for continuous learning to upgrade and update our knowledge. Towards this end, and to promote Continuous Medical Education as required by the Medical Council of Hong Kong, we have migrated from irregular lectures to regular and formulated CME lectures. This has always been done in person as required by the Medial Council. During the COVID-19 epidemic, the HKMA had been the first organization to be granted approval to learn on-line via Facebook. With some 20 lectures monthly to accommodate up to 500 doctors each lecture, we have near 10,000 attendance monthly.
自一九九七年回歸祖國，就不斷有謀劃讓英聯邦醫生免試在港執業。一九九五年七月十五日，梁智鴻醫生撰文解釋指：現時按《醫生註冊條例》，英聯邦醫科畢業生可自動取得在港執業資格，來自其他地區的則須參與執照試；無可否認，這套制度確實不公平，欠缺客觀、令人信服的準則。再者，亦不能符合世界貿易組織有關服務行業的協議，要求各簽署國或地區互相平等對待。醫學界擬訂的草案，糾正現時的不公平之處，亦賦予醫務委員會權力，根據香港社會對醫療水準的需求與期望，釐定本港執業醫生所需水平，從而確保能夠護市民健康。

個別立法會議員及行政會議成員重複又重複地要求改變執業資格試的制度，讓非本地專科醫生（誰去審核相關資格？）回流香港，在公營機構工作數年後便獲正式註冊，可轉為私人市場執業。梁智鴻醫生早在一九九五七月二十九日已回應過有關問題：對任何專業來說，專業自主至為重要。所謂專業自主，就是指各專業於考慮當地的具體環境與客觀需要後，有實權決定怎樣的水準才適合註冊執業。這方面外行人強行指指點點皆屬不智，同樣，政客、官員亦不應輕率干預……以行政及政治手段制壓專業自主，這絕非專業人士所能容忍。最後《基本法》定稿，而專業自主亦確切載入第一百四十二條，其謂：「香港特別行政區政府在保留原有的專業制度的基礎上，自行制定有關評審各專業的執業資格的辦法……專業團體可自行審核和頒授專業資格。」

香港醫學會將堅持到底，反對任何基於個別議員及其家人利益而修訂《醫生註冊條例》的建議。

過去二十年間，香港醫學會成立了香港醫學會慈善基金，每年都會舉辦一次慈善音樂會，並藉著香港醫學會管弦樂團和合唱團的表演，為香港的慈善機構籌集善款。我們曾與政府合作舉辦「香港醫學界賑災籌款音樂會」，為南亞地震及海嘯災民募捐。我們亦參加了山頂步行活動，為香港專業聯盟籌款經費。醫學會的義行隊伍每年都為香港樂施會籌得可觀善款，位居前列，疫症期間停辦除外。

香港醫學會亦會舉辦一些輕鬆的活動，我們的攝影會匯聚了不少熱愛以影像記錄世界事物的會員，本年度他們舉行了網上攝影展，不少佳作亦相當引人入勝。我們有一位前會長是位遠足愛好者，熟悉香港隱秘的山巒風貌，他不時組織遠足活動，帶領一眾會員及家人尋幽探秘，親親大自然。

We initiated HK/Beijing Medical Exchange before 1997 till 2018 for communication and academic exchange between the HKMA and the Chinese Medical Association and its membership. I have joined the long walk in China organized by Sower Action to support the building of schools for the underprivileged children and initiated donation towards the Sichuan earthquake. We have yearly dinner meeting with the Liaison Office of the Central People's Government for communication. We have a good relationship with our China counterpart.

Since the return to the motherland in 1997, there has been a continuous plot to allow Commonwealth doctors to practice in Hong Kong without examination. Dr. CH LEONG explained on 15/7/1995: the system provides that medical graduates...from Commonwealth Countries can directly register to practice in Hong Kong...bona-fide graduates elsewhere – China, North America, Europe etc. will have to sit a Licensiate Examination before they can practice. This is unfair, discriminatory and against the criteria of the World Trade Organization agreement. The Bill seeks to remove this discrimination by introducing a universal licensing examination to be run by the medical council for all outside graduates irrespective of their origin-a fair criterion. Simultaneously, it ensures that all members of the public will be assured of care by doctors that have attained at least a certain acceptable standard.

Certain Legislative Councillors and Executive Councillors are chanting for a change of the licensing examination to allow specialists (who will define the status?) to return to Hong Kong to work in the Hospital Authority for several years and then be granted a general license to practice in the private sector. Dr. CH LEONG responded to this way back in 29/7/95: the core value that is dear to all professionals must be professional autonomy. Autonomy in deciding standards by their own professional bodies for recognition of registration to practice, taking into consideration of the special circumstances and the needs of the community they serve. It would border on mockery if doctors were asked to determine the registration criteria for engineers; for architects to determine criteria for lawyers, and so on. Equally contentious is for a group of administrators and politicians to dictate what qualifications are recognizable and thus accepted for practice registration.

The HKMA will stand firm against any move to change the MRO to the benefit of certain councillor and his family members.

Over the last two decades, the HKMA branched off a Charitable Foundation and together with our Orchestra and Choir, we have yearly performance to collect donations for our local charity organizations. We were involved with Operation Relief, a fund-raising concert for the victims of the South Asia Earthquake and Tsunami.
在香港医学会

我们知道，疫学会对会员筹办各种类型的体育活动，包括家庭运动会、水运会、龙舟比赛、棋盘比赛、乒乓球比赛、壁球比赛、足球比赛等。我们更跨越地区，联合广省医学会及澳门中华医学会主办「粤港澳医学会运动会」。很可惜受到新冠状肺炎影响，所有体育活动都被延期。

在公共卫生方面，医学会鼓励市民戒烟，及支持一切控烟及禁电子烟的条例草案。我们很乐意禁烟范围已大幅扩大至所有食肆及公共场所。我会亦大力推展儿童成人疫苗接种，特别是接种季节性流感疫苗，并与政府商讨有关提升疫苗接种率的方法。

公私合作计划在近十年推行，计划以缓和公共医疗系统压力为目标，将政府普通科门诊病人转介到私家诊所接受治疗。可是，目前计划只邀请高血压病人参加，有消息指糖尿病人患者亦将被纳入计划范围之内。不过由于计划涉及大量文书工作及资料额过高，所以并未有太多私家医生参加。

私家医生拥有配药权是香港独有。为了确保这项特权不被滥用，医生必须遵守相关的条例和指引。继在医院管理局、急症室、住院诊所和政府普通科门诊实施药物标籤后，私家医生亦须于九十年代初陆续跟进。可惜有部分医生对有关规定缺乏认识，程序出错导致面临医辅委员会聆讯。我们提醒会员小心留意医辅委员会制定的《香港注册医生专业守则》内相关条文。鉴于有医生误把胃药误当作口服降血糖药，导致病人死亡的医疗事故，香港医学会成立了包含政府药剂师的工作小组，共同制定《良好配药操作手册》。若不慎发生，可防止类似事故的发生，避免人命损失。医学会亦不时提醒会员，在向病人处置危险药物时，需妥善记录于危险药物登记册上，未有遵从者即属触犯刑事罪行，经法院定罪后可判罚款或监禁。

我们参与了在太平道上筹款的活动，香港康-complete Coaliton of Professional Services。我们的路线在基金筹款活动筹集的每一笔捐款，都帮助了无国界难民在每年（除非期间因疫情而暂停）。

On the lighter side of things, we have a photographic club for those who are interested in taking snap shots of our surroundings. Their latest display is on the web and some of the pictures are breath-taking.

One past president is a regular hiker who knows the countryside of this city as his hands and willing to bring members and their relatives on local trips to visit the exotic places where most have not visited.

Before the epidemic, we engaged our members in various sports activities including sports day for the whole family, annual swimming gala, dragon boat festival, snooker competitions, table tennis competitions, squash competitions, soccer games and so on. We extended sports activities to our counterpart in Macao and Guangzhou and hosted the games in rotation. We regret that all sports activities are put on hold during the epidemic.

On the issue of public health, we are against cigarette smoking and supported all the anti-smoking bills. We are glad that cigarette smoking is banned in restaurants and public venues. We promoted vaccination, especially influenza vaccination, and negotiate with the government over ways and means to improve the vaccination rate.

The Public-Private Partnership was established during the recent decade and allows the public sector to channel patients from the overloaded Government Out-Patient Clinics to the private sector. The only patient group so far is hypertensive. Diabetes Mellitus is said to be on the way. Not a significant number of private doctors joined because of the low reimbursement and the amount of paperwork involved.

Dispensing rights for private doctors is a privilege unique to Hong Kong. To ensure this privilege is not abused, regulations and rules have been formulated and must be followed. Drug labelling came into force for private doctors in the early 90s, after Hospital Authority, Accident and
Emergency Department, Evening clinics and Government OPD had it in place. It is sad that there are doctors who are not clear about this and are brought in front of the Medical Council Inquiry for not doing it properly. Members are urged to look at the Code of Professional Conduct published by the Medical Council on this topic. After the death of a patient from getting the wrong drug (oral hypoglycaemic agent) instead of a stomach medication, the HKMA created a task force including government pharmacist to come up with a Good Dispensing Manual. If followed properly, it will prevent mistakes and save lives. The Association also reminded members repeatedly of the proper usage of the Dangerous Drug Register if members were to use dangerous drugs, omission of which would be a crime and the doctor could be brought before a magistrate with possible fine and jail sentence.

We give advice to our members via the ‘frequently asked questions’ column in the newsletter as well as questions posed to our council members who take roll call every month. We will advise members to contact the Medical Protection Society if the issue is medical/legal and beyond us.

We are members of international medical bodies like the World Medical Association (WMA) and Confederation of Medical Associations in Asia and Oceania (CMAAO). We were in the limelight and attracted the attention of WMA during the period of social unrest.

On publications, we bring our members updates with our monthly Newsletter and our CME Bulletin. We still own 50% of the Hong Kong Medical Journal, but the management of the Journal is now in the hands of the academics of Hong Kong Academy of Medicine.

Without the effort of our predecessors, the HKMA could not have the 7 seats of the Medical Council of Hong Kong allotted to us. We need a concerted effort to have our voice heard and it is imperative that we have the right person elected. There was public suggestion that the membership should be elected by the general membership rather than the council members. This will be debated in the future.

The next 10 years will be difficult for those of us in Hong Kong because of the changing climate. Let us unite more strongly together for the health and interest of Hong Kong citizens and the integrity of the profession.
The Association Crest
Past Presidents over the Century
100 Years of Progress
The early emblem of the HKMA (which was known as the Hong Kong Chinese Medical Association) was a simple design - the representation of two serpents curled around a staff device which is a typical Latin symbol of medicine.

The early emblem of the HKMA (which was known as the Hong Kong Chinese Medical Association) was a simple design - the representation of two serpents curled around a staff device which is a typical Latin symbol of medicine.

In 1973, the HKMA had received unfavourable offerings from drug firms to make key-chains or other articles bearing the HKMA logo. In order to prevent other people from using the Association Crest, the Association decided to take our Hon. Legal Adviser’s suggestions to register it as a trademark. However, owing to the close resemblance of the Crest to the emblem of the British Medical Association at that time, a new design was needed. This started the search for the perfect emblem of the HKMA.
In 1974, the Association applied to the College of Arms in the United Kingdom for the design of a brand new crest. The Association Crest which we now adopt was finally born at the end of the same year. The emblem consists of:

1. Shield of Arms
2. Helm, Mantling and Crest
3. Motto Scroll

There are two major characteristics of the emblem:

1. Shield
A Fess barry wavy Argent and Azure was added to the shield to distinguish it from other Arms already on the Register of the College of Arms. This is also an heraldic way of representing waves and the sea, symbolising Hong Kong’s maritime location which gives it such importance.

2. Motto
The Chinese motto "維護民康", meaning safeguarding public’s health, was the brilliant idea of our Past President for the year 1952-53, the late Dr. PANG Hock Koo. The official English translation was "Guardian of Health" and unknown to many members, there is also a Latin version, namely "Civium sanitatem servare", which means "to maintain (or protect) the health of the people". Owing to lack of space, only the Chinese motto is put on the scroll.

In March 1976, the Letters Patent of Armorial Bearings of the Hong Kong Medical Association have been completed in every aspect and from that time onwards, the Association is free to use its emblem in all publications.
PAST PRESIDENTS
over THE CENTURY

1922-1923
Dr. KWAN King Leung

1923-1924
尹文楷醫生
Dr. WAN Man Kai

1931-1932
李樹芬醫生
Dr. LI Shu Fan

1932-1933
楊國璋醫生
Dr. YEO Kok Cheong
(after amalgamation)

1933-1934
李祖佑醫生
Dr. LI Tsou Yi Yu
(before amalgamation)

1934-1935
潘錦華醫生
Dr. PHOON Seck Wah

1935-1936
周樹璞醫生
Dr. CHAU Wai Cheung

1936-1937
葉錦華醫生
Dr. IP Kam Wa

1937-1939
周錦年醫生
Dr. CHAU Sik Nin

1952-1953
彭學高醫生
Dr. PANG Hock Koo

1954-1955
林志緯醫生
Dr. LAM Chi Wei

1955-1959
毛文奇醫生
Dr. MAO Wen Chee,
Philip

1957-1958
楊景煌醫生
Dr. YANG Kyung Waung,
Raymond

1959-1960
李學良醫生
Dr. LEE Hah Liang

1958-1959
吳達表醫生
Dr. WU Ta Piao

1960-1962
林開第醫生
Dr. LING Ke Dien
<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1920</td>
<td>Elected the first office-bearers of the Hong Kong Chinese Medical Association (HKCMA) at To Yuen Restaurant, West Point</td>
</tr>
<tr>
<td>1928</td>
<td>Setting up a free clinic in Aberdeen</td>
</tr>
<tr>
<td>1929</td>
<td>Inauguration of Hong Kong Branch of the National Medical Association (NMA) of China</td>
</tr>
<tr>
<td>1932</td>
<td>Amalgamation of HKCMA &amp; HK Branch of NMA of China</td>
</tr>
<tr>
<td>1948</td>
<td>First publication of the annual scientific bulletin of the Hong Kong Chinese Medical Association (Now, the Hong Kong Medical Journal)</td>
</tr>
<tr>
<td>1953</td>
<td>Determined to have a club house</td>
</tr>
<tr>
<td>1954</td>
<td>Field visit to Hei Ling Chau Leprosarium with clinical demonstrations</td>
</tr>
<tr>
<td>1957</td>
<td>Reception for delegates to the 8th Pacific Regional Meeting of WHO</td>
</tr>
<tr>
<td>1958</td>
<td>Participated in the WHO World Health Day</td>
</tr>
<tr>
<td>1959</td>
<td>Rented a South Bay Swimming Shed from the Urban Council for use of members until 1982</td>
</tr>
<tr>
<td>1960</td>
<td>Incorporation of the Association into a limited company</td>
</tr>
<tr>
<td>1961</td>
<td>Launched Anti-cholera Immunisation campaign</td>
</tr>
<tr>
<td>1962</td>
<td>Petitioned for equal pay for married women doctors</td>
</tr>
<tr>
<td>1963</td>
<td>Published the 1st monthly calendar of clinical meetings</td>
</tr>
<tr>
<td>1964</td>
<td>Plan for a medical centre and federation of medical societies jointly with the Hong Kong Branch of the British Medical Association</td>
</tr>
<tr>
<td>1965</td>
<td>Inauguration of the Federation of Medical Societies of Hong Kong</td>
</tr>
<tr>
<td>1966</td>
<td>Free distribution of smallpox and TAI vaccines to members until 1986</td>
</tr>
<tr>
<td>1970</td>
<td>Set up a Low Cost Clinics Management Committee which was instrumental in the formation of the Low Cost Clinic Association of Registered Doctors in 1971 and Incorporation of the Estate Doctors Association in 1976</td>
</tr>
<tr>
<td>1971</td>
<td>Set up a Library at the Association premises</td>
</tr>
<tr>
<td>1971</td>
<td>Ceased to offer secretarial services to British Medical Association (Hong Kong Branch)</td>
</tr>
<tr>
<td>1971</td>
<td>Changed name to The Hong Kong Medical Association</td>
</tr>
<tr>
<td>1971</td>
<td>Started a video tape medical education programme for members</td>
</tr>
<tr>
<td>1971</td>
<td>A new format for the HKMA monthly medical diary</td>
</tr>
<tr>
<td>年份</td>
<td>事件</td>
</tr>
<tr>
<td>------</td>
<td>------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>1972</td>
<td>举办「香港醫學會醫學常識自信」教育活動，透過報章提升公民的醫學常識。停止與與醫學會（香港分會）聯繫周年晚宴。</td>
</tr>
<tr>
<td>1973</td>
<td>成為亞洲及大洋洲醫學組織聯盟的成員。與醫學保護協會推出合作計劃，為執業醫生提供專業責任保障。</td>
</tr>
<tr>
<td>1974</td>
<td>向英國政府申請，獲取了新會徽設計，並加入國旗「維護民權」。</td>
</tr>
<tr>
<td>1975</td>
<td>首次出版《香港西醫》科分冊目錄。與香港大學合作出版《香港醫學會會刊》。</td>
</tr>
<tr>
<td>1976</td>
<td>停止出版香港醫學會每月通訊。為香港醫學會組織聯盟每月出版《香港醫學會會刊》。</td>
</tr>
<tr>
<td>1977</td>
<td>與香港電視合作，推出「醫生與你」節目，為都市居民提供一個健康知識平台。</td>
</tr>
<tr>
<td>1978</td>
<td>開始合作，邀請香港大學校友會在羅馬馬場租賃一個私人馬房供會員使用。</td>
</tr>
<tr>
<td>1979</td>
<td>首次舉行「醫生與你」節目系列，為都市居民提供一個健康知識平台。</td>
</tr>
<tr>
<td>1980</td>
<td>開始與香港大學合作出版《香港醫學會會刊》。</td>
</tr>
<tr>
<td>1981</td>
<td>首次舉行「醫生與你」節目系列，為都市居民提供一個健康知識平台。</td>
</tr>
<tr>
<td>1982</td>
<td>組織一個由南粵的泳池。</td>
</tr>
<tr>
<td>1983</td>
<td>組織一個由南粵的泳池。</td>
</tr>
<tr>
<td>1984</td>
<td>建設一個由南粵的泳池。</td>
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<tr>
<td>1985</td>
<td>建設一個由南粵的泳池。</td>
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<td>年份</td>
<td>事件</td>
</tr>
<tr>
<td>------</td>
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</tr>
<tr>
<td>1993</td>
<td>第一版《循证医学》發行。煦陽基金會成立。</td>
</tr>
<tr>
<td>1994</td>
<td>第一版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
<tr>
<td>1995</td>
<td>第二版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
<tr>
<td>1996</td>
<td>第三版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
<tr>
<td>1997</td>
<td>第四版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
<tr>
<td>1998</td>
<td>第五版《循證醫學》發行。煦陽基金會成立。</td>
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<tr>
<td>1999</td>
<td>第六版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
<tr>
<td>2000</td>
<td>第七版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
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<td>2001</td>
<td>第八版《循證醫學》發行。煦陽基金會成立。</td>
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<tr>
<td>2002</td>
<td>第九版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
<tr>
<td>2003</td>
<td>第十版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
<tr>
<td>2004</td>
<td>第十一版《循證醫學》發行。煦陽基金會成立。</td>
</tr>
</tbody>
</table>
2005
- Published the Chinese version of the Questions Frequently Asked by Members & Answered by Duty Council Members
- Published the Good Dispensing Practice Manual
- Completed Yinghe Project to facilitate doctors to access patients' records in hospitals
- Launched online CME
- In cooperation with the Department of Health, launched the 1st Exercise Prescription Course

2006
- Set up a Task Force to deal with The Link to help doctors practicing in public housing estates
- Organised a march in Wong Tai Sin to protest against the drastic increase in rental of estate clinics
- Assisted funding from Government to start the Tao Yuan Project for the development of an open resource CMS 3.0 forrever for doctors to manage their clinics electronically
- Founded the Hong Kong Medical Association Charitable Foundation as the charity arm of the Association

2007
- Organised Forum on Chief Executive Election 2007 and conducted two opinion polls among all registered medical and dental practitioners of Hong Kong on the nomination and the voting of Chief Executive candidates, respectively
- Conducted the first opinion survey on political development of the HK SAR
- 1st Guangdong, Hong Kong, Macau Sports Meet in Macau
- Supported the frontline doctors in their fight for equal pay

2008
- Demonstration outside Legislative Council against exemptions from nutrition labelling requirements.
- Organised a forum and conducted a survey in response to the Government’s Healthcare Reform Consultation Document. Views collected were submitted to the Food and Health Bureau
- Worked closely with the Department of Health in setting up the Centralised Organ Donation Register
- Formed a united front to liaise with the Hospital Authority Clusters to improve and foster public-private cooperation
- Raised HK$1.4 million to support the relief work of 5,128 Sichuan massive earthquake
- Delegation to Guangzhou and Jiangmen to study the screening process and management of babies fed with melamine-tainted milk
- Formation of the Recreational and Cultural Committee and the HKMA Photographic Society

2009
- Cooperated with the Law Society of Hong Kong to combat drink driving
- Restructured and expanded the HKMA Community Network in various districts
- Official launch of Clinic Management System V3.0
- Jointly celebrated the 60th Anniversary of the founding of the People’s Republic of China with the Hong Kong Dental Association and other medical societies
- Obtained government funding for the Wuhan Project to train doctors on usage of CMS 3.0 and to establish an integration hub to facilitate connections to government sites
- Started series of the HKMA/WMS Risk Managements Workshops

2010
- Organised a series of activities to celebrate the 90th anniversary of the Association
- Established the Beat Drugs Action Committee and organised a series of medical education and public promotional events
- Conduced the opinion survey on methods for selecting the Chief Executive and for forming the Legislative Council in 2012
- Formation of the HKMA Youth Committee
- Started the medical expert witnesses training course

2011
- Organised the Forum on Arrangements for Filling Vacancies in the Legislative Council and conducted a survey on the same issue
- Submission to the Government on the Voluntary Health Protection Scheme in response to the consultation document My Health My Choice
- Made arrangements with the Fire Services Department for the conveyance of emergency patients to a designated private hospital
- Lined up other medical organisations and formed the Allied Concern Group on the Standard of Medical Services in Hong Kong to express concerns in manpower drain in public hospitals and employment of non-local medical graduates via limited registration
- Hosted the 3rd Guangdong, Hong Kong & Macau Sports Meet in Hong Kong

2012
- Conducted the opinion poll on voting of the Chief Executive of the HKSAR 2012
- Called to regulate organisations that provide medical and beauty procedures
- Representation in the Government’s Steering Committee on Review of the Regulation of Private Healthcare Facilities, Working Group on Differentiation between Medical Procedures and Beauty Services, and Working Group on Defining High-risk Medical Procedures/Practices Performed in Ambulatory Setting
### 時序表

#### 2013
- 《香港醫學會診所管理系統3.0》榮獲2013香港資訊及通訊科技獎（中小企業組別）金獎
- 反對推行【醫藥師團體計劃】
- 成立普通醫科門診私營合作專責委員會，與醫管局就醫護人員有效期問題及薪酬問題進行協商
- 成立檢討醫院管理局運作專責委員會
- 出版《醫護組織管理手冊》
- 舉辦【香港醫學會攝影會五週年紀念會作品展巡迴展覽】
- The HKMA Clinic Management System 3.0 was awarded the Gold prize of the Hong Kong Information and Communication Technology Awards (HKICTA) 2013. Best SME ICT (Facilitation Programme)
- Opposed the RSCU Drug Testing Scheme
- Set up the Ad Hoc Committee on General Out-Patient Clinics Public-Private Partnership (GOPC PPP) and discussed with Hospital Authority the protocol of the pilot project
- Set up the Task Force to Review the Operation of the Hospital Authority
- Publication of Clinical Risk Management Handbook
- The HKMA Photographic Society 5th Anniversary Members’ Exhibition

#### 2014
- 進行2017年行政長官及2016年及2020年立法會產生辦法意見調查
- 成立社區服務委員會，籌辦多項活動予身體殘障及智障人士
- 成立醫護學生委員會，統籌學生會員參與醫學會活動
- Conducted the opinion survey on methods for Selecting the Chief Executive in 2017 and for forming the Legislative Council in 2016 and 2020
- Set up the Community Service Committee and organised a series of activities for people with physically and intellectual disability
- Formation of Medical Student Subcommittees under the Youth Committee to coordinate student participation in activities of the HKMA

#### 2015
- 捡行【理科生／中學歷史課程】
- 為參與政改的醫護人員提供標準項目醫療護理委員會，籌辦立法會醫護團體議員選舉
- 帶領香港醫護團體參與香港醫護團體
- 發表香港醫護團隊對香港醫療護理委員會的意見
- 就政府政策進行兩輪意見調查
- Launched the Medical Students-Secondary School Students Mentorship Programme
- Participation in Government’s Project Steering Committee on Standards for Ambulatory Facilities, which paved the way for the regulation of private healthcare facilities
- Submission to the Food and Health Bureau on reviewing the operation of the Hospital Authority
- Pramulgated the HKMA’s views on the Voluntary Health Insurance Scheme
- Conducted two rounds of survey on constitutional reform

#### 2016
- 獲得政改人士及專家團體支持香港醫護學會立法，維持護理委員會內護理和護理委員會
- 立法會投票反對【醫生註冊（修訂）條例草案】
- 退出香港專業組織
- 推出【香港醫護學會診所管理處送版】
- 獲社區投資基金資助捐款，成立【社區健康護理中心】計劃
- Lobbied politicians and professional bodies on the HKMA’s stand on maintaining the ratio of elected and appointed members at 1:1 in the Medical Council of Hong Kong
- LegCo sit-in against Medical Registration (Amendment) Bill
- Withdrawn from the Hong Kong Coalition of Professional Services
- Launching of HKMA CMS (Yuan Wang)
- Kicked off the Community Health Academy Project (Chai Wan District) with funding support from CIFI

#### 2017
- 首創【春行動】計劃及訪問推廣步行
- 與行政長官在參選人會面，及以問卷收集業界意見
- 就社區團體及專業團體進行同行調查
- 與香港護理學會舉辦「共識方案」
- First Spring Sowers Organ Donation Promotion Walk
- Meeting with potential Chief Executive candidates 2017 and surveyed the preference of the members of the medical profession
- Conducted a survey on the Reform of the MCHK
- Lined up other medical bodies and pramulgated the agreed amendment proposal on the composition of the MCHK

#### 2018
- 支持立法修改醫療器械
- 獲社會護理組織聯盟全面禁止電子煙
- 主辦第二屆香港護理學會會議，並圓滿結束這項年度交流活動
- 捡行【持續護理學證書網上計劃】
- 與其他護理組織舉辦首次【國際護理周活動】
- Supported the regulation of medical devices
- Called for total ban of electronic cigarettes together with other medical organisations
- Organised the 20th Beijing/Hong Kong Medical Exchange and conclusion of the event series
- Launched the HKMA CME Lecture Online Scheme
- First Winter Plums Reunion with various medical bodies

#### 2019
- 獲社區投資基金資助開展【社區健康護理中心】計劃
- 就有關護理人員及非本地培訓護士在港執業進行草稿調查
- 合辦其他護理組織，就如何非本地培訓護士資格認可安排與有關當局磋商
- 就《護理規例》引起的通報及執紀，呼籲護理人士及警務雙方保持克制
- 擴大社會護理組織網絡
- Kicked off the Community Health Academy for Elderly Project (Kwai Chung District) with CIFI funding
- Conducted an opinion poll on medical manpower and non-locally trained medical graduates to practice in Hong Kong
- Joined forces with other medical associations in the negotiation on exemption of period of assessment for non-locally trained specialists
- Called for restraint on social movements sparked by the Fugitive Offender Bill
- Organised Symposium on Emergency Medical Care in Conflict Zones
- Kicked off the HKMA centennial celebration

#### 2020
- 向香港市民發佈有關2019冠狀病毒病的資訊
- 為護理人員提供護理手冊及保護裝備以防止病毒
- 救護證照護士及護理助產士社區長者及有需要人士
- 全面舉辦線上護理學證書
- 協助聯合護士參與【社區及社區檢測計劃】
- 預計將2019冠狀病毒病列為傳染病
- Advised the public on preventive measures in the fight against COVID-19
- Sourced surgical masks and personal protective equipment for members to tide over the shortage
- Coordinated distribution of donated masks and materials to elderly and needy groups during the COVID-19 pandemic
- Full implementation of online CME
- Helped recruiting doctors to support the Universal Community Testing Programme
- Requested to include COVID-19 as an occupational disease
With the compliments

of

香港浸信會醫院
Hong Kong Baptist Hospital

香港浸信會醫院日間醫療中心
HKBH Ambulatory Medical Centre

香港浸信會醫院啟德社區健康中心
Hong Kong Baptist Hospital Kai Tak Community Health Centre
Congratulations

to HKMA 100th Anniversary

MENARINI
With the compliments of

HUMAN HEALTH
With the compliments

of

Dr. IP Wing Yuk, Josephine
祝賀

香港醫學會
一百周年慶典

百載歲月 繼往開來

香港醫學會會董
林賀醫生致意
Congratulations

to the Hong Kong Medical Association
on its 100th Anniversary

With the compliments of

Gleneagles Hospital
HONG KONG
港怡醫院
With the compliments

of

香港眼科醫學院

The College of Ophthalmologists of Hong Kong
匯聚賢能 抗疫護民
醫療共進 再創百年

致意
Congratulations

on a Century of Service to the Medical Profession.

Dr. William HO
Chairman
Hong Kong Private Hospitals Association

With the compliments

of

康健
Town Health
With the compliments

of

Dr. & Mrs. YEUNG Tak Ming

With the compliments

of

Dr. & Mrs. YEUNG Hip Wo, Victor
With the compliments of

Dr. & Mrs. CHAN Nim Tak, Douglas

---

With the compliments of

Dr. LEE Fook Kay, Aaron
With the compliments of BEA 東亞銀行

On behalf of the Hong Kong College of Pathologists, I wish to extend our heartfelt congratulations to the Hong Kong Medical Association on her 100th Anniversary.

Since establishment, the Hong Kong Medical Association has been playing a pivotal role to provide professional inputs for the community and strive for better health of Hong Kong.

There is a Chinese saying, “十年樹木 百年樹人”. The medical profession has sailed through numerous challenges for the past 100 years. The Association has provided a transparent and constructive platform for different sectors of medical profession to contribute. Amongst all the challenges, I trust healthcare professionals will join hands once again to combat the coronavirus. We will triumph and finally cerebrate the next centennial anniversary to come.

Dr. CHAN Ho Ming
President
The Hong Kong College of Pathologists
The Hong Kong College of Psychiatrists congratulates the Hong Kong Medical Association on reaching its centennial year.

We deeply appreciate the important role and contributions of the Association has in promoting the welfare of the medical profession and health of the public.

We wish the Association every success in the coming years and congratulations once again on this auspicious occasion.

Dr. Roger MK NG
President
The Hong Kong College of Psychiatrists

The Hong Kong College of Community Medicine

heartily congratulates
the Hong Kong Medical Association on its 100th Anniversary
With the compliments

of

Hong Kong College of Emergency Medicine
Concor® AMLO
Bisoprolol and Amlodipine
Combined to fight hypertension

Triple Pathways for
Antihypertensive Treatment

- Bisoprolol
  - β1 Blockade
  - Renin Release Inhibition
- Amlodipine
  - Vasodilation

New Experiences

Reference: 1. CONCOR AMLO Hong Kong Prescribing Information. July 2019
Products: Bisoprolol fumarate 5 mg, amlodipine 5 mg B/I Treatment of HTN as substitution therapy in patients adequately controlled w/bisoprolol & amlodipine given concurrently at the same dose level as in the combination, but as separate tab. B/I tab daily. A/I taken in morning w/o or w/ food, w/o chewing GI Hypersensitivity to amlodipine, chlorthalidone derivatives, bisoprolol. Amlodipine: Severe hypotension; shock (including cardiogenic shock); obstruction of the outflow tract of the left ventricle (eg, high grade aortic stenosis); haemodynamically unstable heart failure after acute MI. Bisoprolol: Acute heart failure or during episodes of heart failure decompensation requiring IV inotropic therapy; cardiogenic shock; 2nd or 3rd degree AV block (w/o a pacemaker); sick sinus syndrome; SA block; symptomatic bradycardia; symptomatic hypotension; severe bronchial asthma; severe forms of peripheral arterial occlusive disease & severe forms of Raynaud’s syndrome; untreated pheochromocytoma; metabolic acidosis. BP: Amlodipine: Patients w/cardiac failure; impaired hepatic function. Elderly: Bisoprolol: Abrupt cessation of therapy may lead to temporary deterioration of heart disease especially in patients suffering from ischaemic heart disease. Patients w/HTN or angina associated w/heart failure. BMI w/large fluctuations in blood glucose values; strict fasting/diet concomitant desensitisation therapy. Tet degree AV block, Prozema (aergia), peripheral arterial occlusive disease; paclitaxel or history of pacemaker; patients undergoing general anaesthesia; obstructive airway diseases. Symptoms of hyperkalaemia may be masked. In patients w/phaeochromocytoma, bisoprolol must not be administered until after α-receptor blockade. Minor or moderate influence on the ability to drive & use machines. Not recommended during pregnancy & breastfeeding. AB: Amlodipine: Oedema, Sameness, dizziness, headache, visual disturbances (including diplopia), palpitations; flushing; dyspepsia; abdominal pain, nausea, dyspepsia, altered bowel habits; ankle swelling, muscle cramps; fatigue, asthenia. Bisoprolol: Dizziness, headache; feeling of coldness & numbness in the extremities; GI complaints eg, nausea, vomiting, diarrhea, constipation; fatigue, IHT: Amlodipine: increased exposure w/strong or moderate CYP3A4 inhibitors (eg, Indinavir, Saquinavir, Ritonavir, Clarithromycin, erythromycin, clarithromycin, ranitidine, *PPI*). Potential reduced plasma conc w/CYP3A4 inducers (eg, rifampicin, St. John's Wort), increased bioavailability w/grapefruit or grapefruit juice. Due to risk of hyperkalaemia, avoid co-administration w/dantrolene (infusion). Additive BP-lowering effects w/other antihypertensives. Risk of increased tacrolimus blood levels. Variable trough conc increases of cyclosporine in renal transplant patients. Increased exposure of simvastatin. Bisoprolol: Negative influence on contractility. AV conduction & BP w/ Ca antagonists of verapamil type & to a lesser extent of diltiazem type. Reduction of heart rate, cardiac output & vasodilation w/centrally-acting antihypertensives (eg, clonidine, methyldopa, moclobemide, rifampicin). increased risk of hypotension & increased risk of further deterioration of the ventricular pump function in patients w/heart failure w/Ca antagonists of diltiazem type eg, nifedipine. Potentiated effect on AV conduction time & negative inotropic effect w/class Ia antihypertensives. Potentiated effect on AV conduction time w/class III antihypertensives. Increased AV conduction time & risk of bradycardia w/parasympathomimetic drugs. Possible additive systemic effects w/topical β-blocking prep. intensification of blood sugar lowering effects of insulin & oral anti-diabetic agents. Alteration of reflex tachycardia & increased risk of hypotension w/anesthetic agents. Reduction of heart rate, increased AV conduction time w/digitalis glycosides. Reduced β-hypotensive effect w/NSAIDs. Combination of bisoprolol w/β-sympathomimetics may reduce effect of both agents. May unmask e-adrenoceptor-mediated vasodilator effects of symphonmetametics that activate both β- & α-adrenoceptors (eg, norepinephrine, epinephrine). Increased risk of hypotension w/other antihypertensives & other drugs w/BP-lowering potential (eg, TCAs, barbiturates, phenothiazines). Increased risk of bradycardia w/molindone. Enhanced hypotensive effects & risk of hypotensive crisis w/MADs (except MAO-B inhibitors). P/PI: tab 30’s. Validity Code: Jul 2019

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Bacterial Infection

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ceftazidime and avibactam

Zinforo
ceftaroline fosamil

ZYVOX
(linezolid)

TAZOCIN
piperacillin/tazobactam

Sulperazone

 Tygacil
tigecycline IV

Fungal Infection

CRESEMA
(isavuconazole)

Eraxis
(anidulafungin IV)

VFEND
(voriconazole)

Fighting infection, sharing solutions
Link has supported Hong Kong Guide Dogs Association for seven years.

Link’s community outreach programmes are at the heart of our vision to create preferred places. We understand that our environmental, social and governance goals and targets extend beyond our direct business operations to our stakeholders. As part of our responsibilities as a leading real estate investor and manager, we regularly and actively engage with the communities our properties impact through our various community projects.

Established in 2013, Link Together Initiatives aims to advance sustainable development in the communities served by Link. Each year, Link contributes an amount of up to 0.25% of its net property income from the previous financial year to the Link Together Initiatives to support charitable organisations with causes related to youth empowerment, active ageing and resource management.

In addition to monetary support, Link also provides a platform, giving access to its strong network of business partners, tenants, vendor, employees, NGOs and residents, as well as a wide range of resources such as venues, volunteers and platforms. The programme supports projects that are administered by various charities and their primary objective is to improve the livelihoods of local communities – so far, Link Together Initiatives has benefitted 10 million people since its inception.

Link seeks to invest in creative projects with small or start-up NGOs to generate positive impact on the communities we serve. We strive to understand the different needs of local communities and are committed to working towards improving the long-term sustainability of our communities. By supporting initiatives of NGOs, we hope to enable their services and connect groups with shared aims for a greater good.

Link’s partnership with Food Angel aims to collect 600 tonnes of surplus food to benefit 1.9m disadvantaged people every year.

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